



Rockland, ME - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:27	10.7	12:59	9.9	6:50	0.0	6:59	0.7	5:24	8:00	☀
2	Fri	1:04	10.7	1:34	10.1	7:27	-0.1	7:41	0.5	5:25	7:59	☀
3	Sat	1:45	10.6	2:13	10.4	8:06	-0.1	8:26	0.3	5:26	7:58	☀
4	Sun	2:29	10.5	2:57	10.6	8:48	0.0	9:15	0.2	5:28	7:57	☀
5	Mon	3:19	10.3	3:46	10.7	9:35	0.2	10:10	0.2	5:29	7:55	☀
6	Tue	4:14	10.0	4:40	10.8	10:27	0.4	11:10	0.1	5:30	7:54	☀
7	Wed	5:16	9.7	5:41	10.9	11:25	0.6			5:31	7:53	☀
8	Thu	6:25	9.5	6:48	11.0	12:15	0.0	12:28	0.7	5:32	7:51	☀
9	Fri	7:38	9.6	7:57	11.3	1:22	-0.2	1:34	0.6	5:33	7:50	☀
10	Sat	8:45	9.9	9:02	11.6	2:27	-0.5	2:39	0.4	5:34	7:48	☀
11	Sun	9:46	10.2	10:02	11.9	3:28	-0.8	3:40	0.1	5:35	7:47	☀
12	Mon	10:42	10.6	10:57	12.0	4:25	-1.1	4:37	-0.2	5:37	7:45	☀
13	Tue	11:34	10.9	11:49	12.0	5:17	-1.3	5:31	-0.4	5:38	7:44	☀
14	Wed			12:22	11.1	6:06	-1.2	6:21	-0.5	5:39	7:42	☀
15	Thu	12:39	11.8	1:09	11.1	6:52	-1.0	7:10	-0.4	5:40	7:41	☀
16	Fri	1:26	11.4	1:54	10.9	7:36	-0.7	7:57	-0.2	5:41	7:39	☀
17	Sat	2:13	10.8	2:38	10.7	8:20	-0.2	8:44	0.2	5:42	7:38	☀
18	Sun	2:59	10.2	3:22	10.3	9:03	0.4	9:32	0.5	5:43	7:36	☀
19	Mon	3:47	9.6	4:07	10.0	9:48	1.0	10:22	0.9	5:45	7:34	☀
20	Tue	4:38	9.1	4:57	9.7	10:35	1.4	11:16	1.2	5:46	7:33	☀
21	Wed	5:34	8.7	5:51	9.5	11:27	1.8			5:47	7:31	☀
22	Thu	6:33	8.4	6:48	9.4	12:12	1.4	12:22	2.0	5:48	7:30	☀
23	Fri	7:31	8.4	7:44	9.5	1:10	1.4	1:18	2.1	5:49	7:28	☀
24	Sat	8:25	8.5	8:36	9.7	2:06	1.3	2:12	1.9	5:50	7:26	☀
25	Sun	9:15	8.8	9:24	9.9	2:57	1.0	3:03	1.7	5:51	7:25	☀
26	Mon	10:00	9.1	10:07	10.2	3:42	0.7	3:49	1.3	5:53	7:23	☀
27	Tue	10:39	9.5	10:47	10.5	4:24	0.4	4:31	1.0	5:54	7:21	☀
28	Wed	11:16	9.8	11:24	10.7	5:03	0.2	5:13	0.6	5:55	7:19	☀
29	Thu	11:50	10.2			5:40	-0.1	5:53	0.2	5:56	7:18	☀
30	Fri	12:02	10.9	12:25	10.6	6:18	-0.2	6:35	-0.1	5:57	7:16	☀
31	Sat	12:42	10.9	1:03	10.9	6:57	-0.3	7:19	-0.4	5:58	7:14	☀