

































Rockland, ME - Oct 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:57	10.8	2:11	11.8	8:02	-0.1	8:41	-1.1	6:34	6:17	
2	Wed	2:52	10.5	3:07	11.5	8:55	0.2	9:39	-0.8	6:35	6:15	
3	Thu	3:53	10.1	4:09	11.2	9:55	0.5	10:42	-0.5	6:36	6:13	
4	Fri	5:01	9.9	5:18	11.0	11:00	0.7	11:48	-0.3	6:37	6:12	
5	Sat	6:12	9.9	6:31	10.8			12:09	0.8	6:39	6:10	
6	Sun	7:19	10.0	7:40	10.8	12:55	-0.2	1:18	0.6	6:40	6:08	
7	Mon	8:20	10.3	8:42	10.9	1:58	-0.3	2:23	0.4	6:41	6:06	
8	Tue	9:16	10.7	9:38	10.9	2:56	-0.3	3:21	0.0	6:42	6:04	
9	Wed	10:06	10.9	10:30	10.9	3:48	-0.3	4:14	-0.2	6:44	6:03	
10	Thu	10:52	11.1	11:17	10.7	4:35	-0.2	5:02	-0.4	6:45	6:01	
11	Fri	11:35	11.1			5:19	0.0	5:46	-0.4	6:46	5:59	
12	Sat	12:02	10.5	12:15	10.9	5:59	0.3	6:27	-0.3	6:47	5:57	
13	Sun	12:43	10.1	12:52	10.7	6:37	0.6	7:06	0.0	6:48	5:56	
14	Mon	1:23	9.8	1:26	10.4	7:14	1.0	7:45	0.2	6:50	5:54	
15	Tue	2:01	9.4	2:00	10.1	7:52	1.4	8:25	0.5	6:51	5:52	
16	Wed	2:39	9.1	2:37	9.8	8:31	1.7	9:07	0.8	6:52	5:51	
17	Thu	3:20	8.8	3:19	9.5	9:14	2.0	9:53	1.1	6:53	5:49	
18	Fri	4:07	8.5	4:07	9.3	10:02	2.2	10:43	1.3	6:55	5:47	
19	Sat	4:59	8.4	5:01	9.2	10:56	2.3	11:37	1.3	6:56	5:46	
20	Sun	5:56	8.5	6:00	9.2	11:53	2.2			6:57	5:44	
21	Mon	6:51	8.8	7:00	9.3	12:31	1.3	12:51	1.9	6:59	5:42	
22	Tue	7:43	9.2	7:56	9.6	1:23	1.1	1:46	1.5	7:00	5:41	
23	Wed	8:29	9.7	8:48	9.9	2:13	0.8	2:38	0.9	7:01	5:39	
24	Thu	9:14	10.3	9:37	10.3	3:00	0.5	3:27	0.2	7:02	5:38	
25	Fri	9:57	11.0	10:25	10.6	3:45	0.2	4:15	-0.5	7:04	5:36	
26	Sat	10:40	11.5	11:13	10.9	4:30	-0.1	5:03	-1.0	7:05	5:35	
27	Sun	11:25	12.0			5:16	-0.3	5:51	-1.5	7:06	5:33	
28	Mon	12:02	11.0	12:13	12.3	6:03	-0.4	6:41	-1.7	7:08	5:32	
29	Tue	12:52	11.0	1:03	12.3	6:52	-0.4	7:33	-1.7	7:09	5:30	
30	Wed	1:46	10.8	1:56	12.2	7:45	-0.2	8:28	-1.5	7:10	5:29	
31	Thu	2:43	10.6	2:54	11.8	8:41	0.1	9:26	-1.2	7:12	5:27	