
































Rockland, ME - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:45	10.4	3:58	11.4	9:42	0.3	10:27	-0.8	7:13	5:26	
2	Sat	4:51	10.2	5:07	11.0	10:48	0.6	11:31	-0.5	7:14	5:25	
3	Sun	4:57	10.2	5:16	10.7	10:57	0.6	11:34	-0.2	6:16	4:23	
4	Mon	6:00	10.4	6:22	10.5			12:04	0.5	6:17	4:22	
5	Tue	6:59	10.6	7:23	10.4	12:35	-0.1	1:07	0.3	6:18	4:21	
6	Wed	7:53	10.8	8:19	10.3	1:32	0.1	2:05	0.1	6:20	4:20	
7	Thu	8:42	10.9	9:10	10.2	2:23	0.2	2:56	-0.1	6:21	4:18	
8	Fri	9:28	11.0	9:57	10.0	3:10	0.4	3:43	-0.2	6:22	4:17	
9	Sat	10:10	10.9	10:41	9.9	3:53	0.6	4:26	-0.2	6:24	4:16	
10	Sun	10:49	10.7	11:22	9.6	4:33	0.9	5:05	-0.1	6:25	4:15	
11	Mon	11:24	10.5			5:10	1.1	5:43	0.1	6:26	4:14	
12	Tue	12:01	9.4	11:57 AM	10.3	5:46	1.4	6:20	0.3	6:27	4:13	
13	Wed	12:37	9.2	12:29	10.1	6:22	1.6	6:58	0.4	6:29	4:12	
14	Thu	1:12	9.0	1:04	9.9	7:00	1.8	7:37	0.6	6:30	4:11	
15	Fri	1:49	8.8	1:43	9.7	7:41	1.9	8:19	0.8	6:31	4:10	
16	Sat	2:29	8.7	2:28	9.5	8:27	2.0	9:04	1.0	6:33	4:09	
17	Sun	3:15	8.7	3:17	9.4	9:17	2.1	9:52	1.1	6:34	4:08	
18	Mon	4:04	8.9	4:11	9.3	10:11	2.0	10:42	1.1	6:35	4:07	
19	Tue	4:57	9.1	5:09	9.3	11:08	1.7	11:34	1.0	6:37	4:06	
20	Wed	5:49	9.6	6:09	9.4			12:06	1.2	6:38	4:05	
21	Thu	6:41	10.1	7:08	9.7	12:26	0.8	1:02	0.6	6:39	4:04	
22	Fri	7:32	10.7	8:05	10.0	1:18	0.5	1:56	-0.1	6:40	4:04	
23	Sat	8:23	11.4	9:00	10.4	2:09	0.2	2:49	-0.7	6:42	4:03	
24	Sun	9:13	11.9	9:53	10.7	3:00	0.0	3:41	-1.3	6:43	4:02	
25	Mon	10:04	12.4	10:46	10.9	3:51	-0.3	4:33	-1.8	6:44	4:02	
26	Tue	10:55	12.6	11:40	11.0	4:43	-0.4	5:26	-2.0	6:45	4:01	
27	Wed	11:49	12.7			5:36	-0.5	6:19	-2.0	6:46	4:01	
28	Thu	12:35	11.0	12:44	12.5	6:30	-0.4	7:13	-1.8	6:48	4:00	
29	Fri	1:32	10.9	1:42	12.0	7:28	-0.2	8:10	-1.4	6:49	4:00	
30	Sat	2:31	10.7	2:44	11.5	8:28	0.1	9:07	-1.0	6:50	3:59	