
































Rockland, ME - Jun 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:43	9.3	8:08	10.3	1:39	1.0	1:54	0.9	4:56	8:12	
2	Mon	8:40	9.6	8:58	10.9	2:33	0.4	2:45	0.7	4:55	8:13	
3	Tue	9:35	9.9	9:48	11.4	3:26	-0.2	3:35	0.4	4:55	8:14	
4	Wed	10:28	10.3	10:39	11.9	4:18	-0.8	4:26	0.1	4:54	8:14	
5	Thu	11:21	10.6	11:30	12.3	5:09	-1.3	5:18	-0.2	4:54	8:15	
6	Fri			12:14	10.8	6:01	-1.7	6:10	-0.3	4:53	8:16	
7	Sat	12:23	12.5	1:08	11.0	6:53	-1.9	7:04	-0.4	4:53	8:16	
8	Sun	1:17	12.5	2:03	11.0	7:46	-1.9	8:00	-0.4	4:53	8:17	
9	Mon	2:13	12.3	3:00	11.0	8:41	-1.7	8:59	-0.2	4:53	8:18	
10	Tue	3:13	11.9	3:59	11.0	9:37	-1.4	10:00	-0.1	4:52	8:18	
11	Wed	4:15	11.4	4:59	10.9	10:34	-0.9	11:04	0.1	4:52	8:19	
12	Thu	5:20	10.8	6:00	10.9	11:33	-0.5			4:52	8:19	
13	Fri	6:25	10.4	6:59	10.9	12:08	0.2	12:32	-0.1	4:52	8:20	
14	Sat	7:28	10.1	7:56	10.9	1:12	0.2	1:30	0.3	4:52	8:20	
15	Sun	8:27	9.8	8:49	10.9	2:12	0.1	2:26	0.6	4:52	8:21	
16	Mon	9:23	9.7	9:40	10.9	3:09	0.1	3:18	0.8	4:52	8:21	
17	Tue	10:14	9.6	10:26	10.8	4:00	0.0	4:07	1.0	4:52	8:22	
18	Wed	11:02	9.5	11:10	10.7	4:47	0.0	4:51	1.1	4:52	8:22	
19	Thu	11:46	9.4	11:50	10.6	5:30	0.0	5:32	1.3	4:52	8:22	
20	Fri			12:27	9.3	6:10	0.1	6:11	1.4	4:53	8:23	
21	Sat	12:27	10.4	1:05	9.2	6:47	0.2	6:48	1.5	4:53	8:23	
22	Sun	1:00	10.3	1:40	9.2	7:23	0.3	7:25	1.5	4:53	8:23	
23	Mon	1:33	10.1	2:13	9.1	7:59	0.4	8:04	1.6	4:53	8:23	
24	Tue	2:07	10.0	2:46	9.2	8:36	0.5	8:44	1.6	4:54	8:23	
25	Wed	2:45	9.8	3:23	9.2	9:14	0.7	9:28	1.6	4:54	8:23	
26	Thu	3:27	9.6	4:04	9.4	9:55	0.8	10:16	1.6	4:54	8:23	
27	Fri	4:14	9.4	4:50	9.5	10:39	0.9	11:08	1.4	4:55	8:23	
28	Sat	5:06	9.3	5:40	9.8	11:27	1.0			4:55	8:23	
29	Sun	6:03	9.2	6:33	10.2	12:04	1.1	12:19	1.0	4:56	8:23	
30	Mon	7:04	9.3	7:29	10.6	1:02	0.8	1:14	0.9	4:56	8:23	