

































## Rockland, ME - Oct 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:30	11.5	1:48	12.1	7:38	-0.8	8:12	-1.5	6:34	6:17	
2	Mon	2:24	11.2	2:41	11.9	8:30	-0.5	9:08	-1.3	6:35	6:15	
3	Tue	3:22	10.8	3:40	11.6	9:27	-0.2	10:08	-1.0	6:36	6:13	
4	Wed	4:27	10.5	4:46	11.3	10:28	0.2	11:13	-0.6	6:38	6:12	
5	Thu	5:36	10.2	5:56	11.0	11:34	0.5			6:39	6:10	
6	Fri	6:45	10.1	7:05	10.9	12:19	-0.4	12:43	0.6	6:40	6:08	
7	Sat	7:48	10.3	8:09	10.9	1:25	-0.3	1:49	0.5	6:41	6:06	
8	Sun	8:46	10.5	9:07	10.9	2:26	-0.3	2:50	0.3	6:42	6:04	
9	Mon	9:39	10.7	10:00	10.9	3:21	-0.3	3:44	0.1	6:44	6:03	
10	Tue	10:27	10.8	10:49	10.8	4:10	-0.2	4:34	0.0	6:45	6:01	
11	Wed	11:11	10.8	11:34	10.6	4:55	-0.1	5:18	-0.1	6:46	5:59	
12	Thu	11:52	10.7			5:36	0.1	5:59	-0.1	6:47	5:57	
13	Fri	12:15	10.4	12:29	10.6	6:13	0.4	6:37	0.1	6:48	5:56	
14	Sat	12:53	10.1	1:02	10.4	6:49	0.7	7:13	0.2	6:50	5:54	
15	Sun	1:29	9.7	1:33	10.1	7:23	1.0	7:50	0.4	6:51	5:52	
16	Mon	2:04	9.4	2:04	9.9	7:59	1.3	8:29	0.6	6:52	5:51	
17	Tue	2:39	9.1	2:40	9.7	8:38	1.6	9:10	0.8	6:53	5:49	
18	Wed	3:19	8.9	3:22	9.5	9:21	1.9	9:56	1.0	6:55	5:47	
19	Thu	4:04	8.7	4:10	9.4	10:09	2.0	10:47	1.2	6:56	5:46	
20	Fri	4:57	8.7	5:04	9.3	11:02	2.1	11:41	1.2	6:57	5:44	
21	Sat	5:54	8.7	6:03	9.4			12:00	2.0	6:59	5:42	
22	Sun	6:53	9.0	7:04	9.6	12:36	1.0	12:58	1.6	7:00	5:41	
23	Mon	7:47	9.5	8:03	10.0	1:31	0.7	1:54	1.1	7:01	5:39	
24	Tue	8:38	10.1	8:58	10.4	2:23	0.3	2:48	0.5	7:02	5:38	
25	Wed	9:26	10.8	9:50	10.9	3:13	-0.1	3:40	-0.3	7:04	5:36	
26	Thu	10:13	11.5	10:41	11.3	4:01	-0.5	4:30	-1.0	7:05	5:35	
27	Fri	11:00	12.0	11:32	11.5	4:49	-0.8	5:20	-1.5	7:06	5:33	
28	Sat	11:48	12.4			5:37	-1.0	6:11	-1.9	7:08	5:32	
29	Sun	12:23	11.6	12:38	12.6	6:27	-1.0	7:03	-2.1	7:09	5:30	
30	Mon	1:16	11.5	1:30	12.5	7:18	-0.8	7:56	-1.9	7:10	5:29	
31	Tue	2:12	11.2	2:25	12.3	8:13	-0.5	8:53	-1.6	7:12	5:27	