

































## Rockland, ME - Jan 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:48	9.8	4:01	9.9	9:46	1.2	10:16	0.5	7:11	4:08	
2	Sun	4:42	9.7	4:59	9.4	10:44	1.4	11:08	0.9	7:11	4:09	
3	Mon	5:35	9.6	5:57	9.1	11:42	1.4			7:11	4:10	
4	Tue	6:26	9.6	6:53	8.9	12:00	1.3	12:38	1.4	7:11	4:11	
5	Wed	7:16	9.7	7:46	8.8	12:50	1.5	1:31	1.2	7:11	4:12	
6	Thu	8:02	9.9	8:36	8.9	1:39	1.6	2:21	0.9	7:11	4:13	
7	Fri	8:46	10.0	9:22	8.9	2:25	1.6	3:06	0.7	7:10	4:14	
8	Sat	9:27	10.2	10:05	9.0	3:08	1.6	3:48	0.5	7:10	4:15	
9	Sun	10:05	10.4	10:44	9.1	3:48	1.5	4:28	0.3	7:10	4:16	
10	Mon	10:40	10.5	11:21	9.2	4:27	1.4	5:07	0.1	7:10	4:17	
11	Tue	11:15	10.7	11:56	9.3	5:06	1.3	5:44	-0.1	7:09	4:18	
12	Wed	11:51	10.8			5:45	1.2	6:23	-0.2	7:09	4:20	
13	Thu	12:31	9.5	12:31	10.8	6:26	1.1	7:02	-0.2	7:08	4:21	
14	Fri	1:10	9.7	1:14	10.8	7:09	1.0	7:45	-0.2	7:08	4:22	
15	Sat	1:53	9.9	2:02	10.7	7:57	0.9	8:30	-0.2	7:07	4:23	
16	Sun	2:41	10.1	2:54	10.4	8:50	0.8	9:20	0.0	7:07	4:24	
17	Mon	3:33	10.3	3:53	10.2	9:49	0.6	10:14	0.2	7:06	4:26	
18	Tue	4:30	10.5	4:57	9.9	10:51	0.4	11:12	0.3	7:06	4:27	
19	Wed	5:31	10.8	6:08	9.8	11:57	0.1			7:05	4:28	
20	Thu	6:34	11.1	7:18	9.8	12:13	0.4	1:02	-0.3	7:04	4:29	
21	Fri	7:38	11.4	8:23	10.0	1:15	0.4	2:06	-0.7	7:04	4:31	
22	Sat	8:38	11.8	9:23	10.2	2:16	0.3	3:05	-1.0	7:03	4:32	
23	Sun	9:35	12.0	10:19	10.4	3:14	0.2	4:01	-1.3	7:02	4:33	
24	Mon	10:29	12.1	11:11	10.6	4:10	0.1	4:54	-1.4	7:01	4:35	
25	Tue	11:20	12.1			5:02	0.0	5:43	-1.3	7:00	4:36	
26	Wed	12:01	10.6	12:10	11.8	5:52	0.1	6:31	-1.1	6:59	4:37	
27	Thu	12:48	10.5	12:57	11.4	6:41	0.2	7:16	-0.7	6:58	4:39	
28	Fri	1:35	10.3	1:44	10.8	7:29	0.5	8:01	-0.2	6:57	4:40	
29	Sat	2:20	10.1	2:31	10.2	8:18	0.8	8:45	0.3	6:56	4:42	
30	Sun	3:06	9.8	3:20	9.7	9:07	1.1	9:30	0.9	6:55	4:43	
31	Mon	3:53	9.6	4:13	9.1	9:59	1.3	10:18	1.3	6:54	4:44	