

































Rockland, ME - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:06	10.8	5:47	10.6	11:22	-0.4	11:54	0.4	4:57	8:23	
2	Mon	6:10	10.3	6:45	10.6			12:19	0.1	4:58	8:23	
3	Tue	7:12	9.9	7:41	10.6	12:57	0.5	1:16	0.5	4:58	8:22	
4	Wed	8:12	9.6	8:34	10.6	1:58	0.4	2:11	0.8	4:59	8:22	
5	Thu	9:08	9.4	9:25	10.6	2:55	0.3	3:03	1.1	5:00	8:22	
6	Fri	10:00	9.3	10:11	10.6	3:47	0.3	3:52	1.3	5:00	8:21	
7	Sat	10:49	9.2	10:55	10.5	4:34	0.2	4:37	1.4	5:01	8:21	
8	Sun	11:33	9.1	11:36	10.4	5:18	0.3	5:18	1.5	5:02	8:21	
9	Mon			12:15	9.0	5:58	0.3	5:57	1.6	5:03	8:20	
10	Tue	12:13	10.3	12:53	9.0	6:36	0.3	6:35	1.7	5:03	8:20	
11	Wed	12:47	10.2	1:29	8.9	7:13	0.4	7:12	1.7	5:04	8:19	
12	Thu	1:20	10.1	2:02	8.9	7:49	0.5	7:49	1.7	5:05	8:18	
13	Fri	1:54	10.0	2:35	9.0	8:25	0.6	8:29	1.7	5:06	8:18	
14	Sat	2:31	9.9	3:11	9.1	9:02	0.7	9:12	1.7	5:07	8:17	
15	Sun	3:13	9.7	3:50	9.2	9:42	0.8	9:58	1.6	5:08	8:17	
16	Mon	3:59	9.5	4:34	9.4	10:24	0.9	10:49	1.5	5:08	8:16	
17	Tue	4:50	9.4	5:23	9.7	11:11	1.0	11:45	1.2	5:09	8:15	
18	Wed	5:46	9.3	6:15	10.0			12:02	1.0	5:10	8:14	
19	Thu	6:47	9.2	7:11	10.5	12:43	0.8	12:56	1.0	5:11	8:13	
20	Fri	7:51	9.3	8:09	10.9	1:44	0.4	1:54	0.9	5:12	8:13	
21	Sat	8:55	9.6	9:08	11.4	2:44	-0.2	2:52	0.7	5:13	8:12	
22	Sun	9:56	9.9	10:06	11.9	3:42	-0.7	3:50	0.4	5:14	8:11	
23	Mon	10:54	10.3	11:03	12.3	4:39	-1.3	4:47	0.0	5:15	8:10	
24	Tue	11:50	10.6	11:59	12.5	5:34	-1.6	5:42	-0.2	5:16	8:09	
25	Wed			12:44	10.9	6:28	-1.8	6:38	-0.4	5:17	8:08	
26	Thu	12:54	12.5	1:37	11.0	7:20	-1.8	7:33	-0.5	5:18	8:07	
27	Fri	1:49	12.3	2:30	11.1	8:12	-1.6	8:30	-0.4	5:19	8:06	
28	Sat	2:45	11.8	3:24	11.0	9:04	-1.2	9:27	-0.2	5:21	8:04	
29	Sun	3:43	11.2	4:19	10.9	9:57	-0.6	10:26	0.1	5:22	8:03	
30	Mon	4:42	10.5	5:15	10.7	10:51	0.0	11:27	0.4	5:23	8:02	
31	Tue	5:43	9.9	6:12	10.5	11:47	0.6			5:24	8:01	