

































## Rockland, ME - Dec 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:07	10.2	8:34	9.6	1:51	1.0	2:25	0.5	6:52	3:59	
2	Sun	8:47	10.7	9:21	9.8	2:35	0.8	3:11	-0.1	6:53	3:58	
3	Mon	9:29	11.2	10:07	10.0	3:19	0.6	3:57	-0.6	6:54	3:58	
4	Tue	10:13	11.6	10:54	10.2	4:03	0.4	4:44	-1.0	6:55	3:58	
5	Wed	10:59	11.9	11:44	10.3	4:50	0.3	5:32	-1.3	6:56	3:58	
6	Thu	11:48	12.0			5:38	0.3	6:23	-1.4	6:57	3:58	
7	Fri	12:35	10.3	12:40	12.0	6:30	0.3	7:16	-1.3	6:58	3:58	
8	Sat	1:30	10.2	1:37	11.7	7:26	0.4	8:11	-1.1	6:59	3:57	
9	Sun	2:29	10.2	2:38	11.4	8:26	0.6	9:10	-0.9	7:00	3:57	
10	Mon	3:32	10.2	3:44	11.0	9:30	0.6	10:11	-0.6	7:01	3:58	
11	Tue	4:36	10.3	4:53	10.6	10:37	0.6	11:12	-0.3	7:01	3:58	
12	Wed	5:39	10.5	6:01	10.3	11:45	0.5			7:02	3:58	
13	Thu	6:38	10.8	7:05	10.2	12:12	0.0	12:50	0.3	7:03	3:58	
14	Fri	7:34	11.0	8:04	10.0	1:10	0.2	1:50	0.0	7:04	3:58	
15	Sat	8:26	11.1	8:59	10.0	2:04	0.4	2:45	-0.2	7:04	3:58	
16	Sun	9:15	11.2	9:50	9.8	2:55	0.6	3:35	-0.4	7:05	3:59	
17	Mon	10:00	11.1	10:37	9.7	3:42	0.8	4:22	-0.4	7:06	3:59	
18	Tue	10:43	10.9	11:22	9.5	4:26	1.0	5:05	-0.3	7:06	3:59	
19	Wed	11:22	10.7			5:07	1.3	5:45	-0.1	7:07	4:00	
20	Thu	12:03	9.3	12:00	10.5	5:46	1.5	6:24	0.1	7:08	4:00	
21	Fri	12:43	9.1	12:35	10.2	6:24	1.7	7:03	0.3	7:08	4:01	
22	Sat	1:21	8.9	1:11	10.0	7:04	1.8	7:42	0.5	7:08	4:01	
23	Sun	1:58	8.8	1:49	9.8	7:45	2.0	8:22	0.8	7:09	4:02	
24	Mon	2:37	8.8	2:31	9.5	8:29	2.1	9:04	0.9	7:09	4:02	
25	Tue	3:19	8.8	3:17	9.3	9:17	2.1	9:48	1.1	7:10	4:03	
26	Wed	4:03	8.9	4:08	9.1	10:09	2.0	10:35	1.2	7:10	4:04	
27	Thu	4:51	9.1	5:04	9.0	11:04	1.8	11:24	1.3	7:10	4:04	
28	Fri	5:40	9.4	6:02	8.9			12:00	1.5	7:10	4:05	
29	Sat	6:30	9.8	7:01	9.1	12:14	1.3	12:55	1.0	7:11	4:06	
30	Sun	7:20	10.3	7:58	9.3	1:05	1.2	1:49	0.4	7:11	4:07	
31	Mon	8:10	10.9	8:54	9.5	1:56	1.0	2:42	-0.2	7:11	4:08	