






























## Rockland, ME - Dec 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:39	9.8	4:52	10.4	10:42	1.0	11:18	-0.1	6:51	3:59	
2	Mon	5:42	10.2	6:02	10.3	11:50	0.6			6:52	3:59	
3	Tue	6:43	10.7	7:09	10.4	12:18	-0.1	12:54	0.1	6:54	3:58	
4	Wed	7:39	11.2	8:11	10.4	1:16	-0.1	1:55	-0.4	6:55	3:58	
5	Thu	8:32	11.6	9:08	10.5	2:11	-0.1	2:52	-0.9	6:56	3:58	
6	Fri	9:23	11.9	10:02	10.5	3:03	0.0	3:45	-1.1	6:57	3:58	
7	Sat	10:12	11.9	10:53	10.3	3:54	0.1	4:36	-1.2	6:58	3:58	
8	Sun	10:59	11.8	11:42	10.1	4:42	0.4	5:24	-1.1	6:59	3:57	
9	Mon	11:45	11.5			5:30	0.6	6:11	-0.8	6:59	3:57	
10	Tue	12:30	9.8	12:31	11.1	6:16	1.0	6:58	-0.5	7:00	3:58	
11	Wed	1:17	9.5	1:16	10.7	7:02	1.3	7:43	0.0	7:01	3:58	
12	Thu	2:04	9.2	2:01	10.2	7:49	1.6	8:29	0.4	7:02	3:58	
13	Fri	2:52	9.0	2:48	9.8	8:37	1.9	9:16	0.7	7:03	3:58	
14	Sat	3:40	8.8	3:39	9.4	9:29	2.1	10:04	1.0	7:04	3:58	
15	Sun	4:30	8.8	4:33	9.1	10:23	2.1	10:52	1.3	7:04	3:58	
16	Mon	5:19	8.9	5:29	8.8	11:19	2.0	11:41	1.4	7:05	3:59	
17	Tue	6:08	9.1	6:25	8.7			12:14	1.8	7:06	3:59	
18	Wed	6:54	9.4	7:19	8.7	12:29	1.5	1:07	1.5	7:06	3:59	
19	Thu	7:38	9.7	8:09	8.8	1:16	1.6	1:56	1.1	7:07	4:00	
20	Fri	8:19	10.0	8:56	9.0	2:01	1.5	2:42	0.7	7:07	4:00	
21	Sat	8:59	10.3	9:40	9.2	2:45	1.4	3:27	0.3	7:08	4:01	
22	Sun	9:40	10.7	10:23	9.3	3:28	1.3	4:11	-0.1	7:08	4:01	
23	Mon	10:21	11.0	11:06	9.5	4:11	1.2	4:54	-0.4	7:09	4:02	
24	Tue	11:05	11.3	11:50	9.7	4:56	1.0	5:39	-0.7	7:09	4:02	
25	Wed	11:51	11.5			5:42	0.8	6:26	-0.8	7:10	4:03	
26	Thu	12:37	9.9	12:40	11.5	6:31	0.7	7:15	-0.9	7:10	4:04	
27	Fri	1:27	10.0	1:33	11.4	7:24	0.6	8:06	-0.8	7:10	4:04	
28	Sat	2:20	10.2	2:30	11.1	8:21	0.6	8:59	-0.6	7:10	4:05	
29	Sun	3:17	10.3	3:31	10.7	9:22	0.5	9:55	-0.4	7:11	4:06	
30	Mon	4:17	10.5	4:38	10.4	10:27	0.4	10:54	-0.1	7:11	4:07	
31	Tue	5:19	10.7	5:47	10.1	11:33	0.3	11:50	0.2	7:11	4:07	