






























## Rockland, ME - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:41	9.4	4:04	8.7	9:55	1.5	10:08	1.7	6:53	4:46	
2	Mon	4:27	9.2	5:00	8.3	10:48	1.6	10:58	2.1	6:52	4:47	
3	Tue	5:18	9.2	6:01	8.1	11:45	1.7	11:51	2.3	6:51	4:49	
4	Wed	6:13	9.2	7:02	8.1			12:43	1.5	6:50	4:50	
5	Thu	7:09	9.4	7:58	8.3	12:47	2.3	1:39	1.3	6:48	4:51	
6	Fri	8:01	9.7	8:48	8.5	1:40	2.2	2:30	0.9	6:47	4:53	
7	Sat	8:49	10.1	9:33	8.9	2:30	1.9	3:17	0.5	6:46	4:54	
8	Sun	9:33	10.5	10:14	9.3	3:17	1.5	4:00	0.1	6:45	4:55	
9	Mon	10:15	10.9	10:53	9.7	4:01	1.1	4:41	-0.3	6:43	4:57	
10	Tue	10:56	11.3	11:32	10.2	4:45	0.6	5:22	-0.6	6:42	4:58	
11	Wed	11:39	11.4			5:29	0.2	6:03	-0.8	6:41	5:00	
12	Thu	12:12	10.6	12:24	11.4	6:15	-0.1	6:45	-0.8	6:39	5:01	
13	Fri	12:54	10.9	1:12	11.2	7:04	-0.3	7:29	-0.6	6:38	5:02	
14	Sat	1:40	11.1	2:03	10.9	7:55	-0.4	8:17	-0.3	6:36	5:04	
15	Sun	2:30	11.2	3:00	10.3	8:51	-0.3	9:10	0.2	6:35	5:05	
16	Mon	3:25	11.1	4:04	9.8	9:52	-0.2	10:08	0.6	6:33	5:06	
17	Tue	4:27	10.9	5:15	9.4	10:59	0.0	11:12	1.0	6:32	5:08	
18	Wed	5:35	10.8	6:29	9.2			12:08	0.1	6:30	5:09	
19	Thu	6:46	10.8	7:37	9.3	12:20	1.2	1:17	0.0	6:29	5:11	
20	Fri	7:52	11.0	8:38	9.5	1:28	1.1	2:20	-0.2	6:27	5:12	
21	Sat	8:51	11.1	9:33	9.8	2:30	1.0	3:17	-0.4	6:26	5:13	
22	Sun	9:45	11.2	10:22	10.0	3:26	0.7	4:07	-0.5	6:24	5:15	
23	Mon	10:34	11.2	11:07	10.2	4:17	0.5	4:52	-0.5	6:22	5:16	
24	Tue	11:18	11.1	11:48	10.2	5:03	0.4	5:33	-0.3	6:21	5:17	
25	Wed			12:00	10.8	5:45	0.4	6:11	0.0	6:19	5:19	
26	Thu	12:26	10.1	12:38	10.4	6:25	0.5	6:47	0.3	6:18	5:20	
27	Fri	1:01	10.0	1:15	9.9	7:04	0.7	7:22	0.8	6:16	5:21	
28	Sat	1:34	9.8	1:52	9.5	7:43	0.9	7:58	1.2	6:14	5:23	