
































Rockland, ME - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:44	9.4	4:29	8.3	10:21	1.3	10:28	2.4	6:17	7:03	
2	Thu	4:35	9.2	5:26	8.1	11:16	1.4	11:24	2.5	6:15	7:04	
3	Fri	5:32	9.2	6:30	8.2			12:15	1.4	6:13	7:05	
4	Sat	6:35	9.3	7:31	8.5	12:24	2.4	1:14	1.2	6:11	7:06	
5	Sun	7:37	9.7	8:27	9.0	1:25	2.0	2:10	0.8	6:10	7:08	
6	Mon	8:36	10.1	9:16	9.7	2:23	1.5	3:01	0.3	6:08	7:09	
7	Tue	9:29	10.6	10:02	10.4	3:17	0.7	3:48	-0.1	6:06	7:10	
8	Wed	10:20	11.0	10:46	11.1	4:08	0.0	4:35	-0.5	6:04	7:11	
9	Thu	11:10	11.3	11:31	11.7	4:58	-0.7	5:20	-0.7	6:02	7:12	
10	Fri			12:00	11.4	5:48	-1.3	6:06	-0.8	6:01	7:14	
11	Sat	12:17	12.1	12:51	11.3	6:38	-1.7	6:54	-0.6	5:59	7:15	
12	Sun	1:04	12.3	1:44	11.1	7:30	-1.7	7:44	-0.3	5:57	7:16	
13	Mon	1:55	12.2	2:40	10.6	8:24	-1.5	8:37	0.1	5:56	7:17	
14	Tue	2:50	11.8	3:41	10.1	9:22	-1.1	9:35	0.6	5:54	7:19	
15	Wed	3:51	11.4	4:47	9.7	10:24	-0.6	10:39	1.0	5:52	7:20	
16	Thu	4:59	10.9	5:55	9.5	11:30	-0.2	11:48	1.3	5:50	7:21	
17	Fri	6:10	10.5	7:01	9.5			12:37	0.1	5:49	7:22	
18	Sat	7:17	10.3	8:02	9.6	12:57	1.3	1:41	0.2	5:47	7:23	
19	Sun	8:19	10.2	8:57	9.8	2:03	1.2	2:38	0.3	5:45	7:25	
20	Mon	9:15	10.2	9:46	10.1	3:01	1.0	3:29	0.4	5:44	7:26	
21	Tue	10:05	10.1	10:30	10.2	3:52	0.7	4:14	0.5	5:42	7:27	
22	Wed	10:51	10.0	11:10	10.3	4:38	0.5	4:55	0.6	5:41	7:28	
23	Thu	11:33	9.9	11:46	10.3	5:19	0.4	5:31	0.9	5:39	7:29	
24	Fri			12:12	9.6	5:57	0.3	6:05	1.1	5:37	7:31	
25	Sat	12:18	10.2	12:48	9.4	6:33	0.4	6:38	1.4	5:36	7:32	
26	Sun	12:47	10.1	1:22	9.2	7:08	0.4	7:12	1.6	5:34	7:33	
27	Mon	1:17	10.0	1:56	8.9	7:44	0.6	7:47	1.9	5:33	7:34	
28	Tue	1:50	9.8	2:32	8.7	8:23	0.7	8:25	2.1	5:31	7:36	
29	Wed	2:28	9.7	3:13	8.5	9:05	0.9	9:08	2.2	5:30	7:37	
30	Thu	3:12	9.6	4:00	8.4	9:51	1.0	9:56	2.3	5:28	7:38	