
































Rockland, ME - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:01	9.9	10:15	11.4	3:44	-0.5	3:55	0.6	5:59	7:13	
2	Wed	10:53	10.2	11:07	11.4	4:37	-0.6	4:49	0.3	6:00	7:11	
3	Thu	11:40	10.4	11:55	11.3	5:25	-0.7	5:38	0.1	6:02	7:09	
4	Fri			12:24	10.5	6:09	-0.5	6:23	0.1	6:03	7:07	
5	Sat	12:39	11.0	1:05	10.5	6:50	-0.2	7:06	0.2	6:04	7:05	
6	Sun	1:21	10.6	1:43	10.3	7:28	0.2	7:48	0.4	6:05	7:04	
7	Mon	2:02	10.1	2:19	10.1	8:06	0.7	8:29	0.6	6:06	7:02	
8	Tue	2:42	9.6	2:55	9.8	8:43	1.1	9:12	0.9	6:07	7:00	
9	Wed	3:24	9.1	3:33	9.5	9:23	1.6	9:58	1.2	6:08	6:58	
10	Thu	4:10	8.6	4:17	9.3	10:07	2.1	10:49	1.5	6:10	6:56	
11	Fri	5:03	8.3	5:10	9.1	10:58	2.4	11:45	1.6	6:11	6:54	
12	Sat	6:05	8.0	6:09	9.0	11:54	2.5			6:12	6:53	
13	Sun	7:08	8.0	7:12	9.1	12:45	1.6	12:53	2.5	6:13	6:51	
14	Mon	8:06	8.2	8:10	9.4	1:44	1.4	1:51	2.3	6:14	6:49	
15	Tue	8:57	8.6	9:01	9.8	2:37	1.1	2:44	1.9	6:15	6:47	
16	Wed	9:42	9.1	9:47	10.3	3:25	0.7	3:33	1.4	6:16	6:45	
17	Thu	10:22	9.6	10:31	10.7	4:08	0.3	4:18	0.8	6:17	6:43	
18	Fri	11:00	10.2	11:13	11.0	4:49	-0.1	5:02	0.2	6:19	6:41	
19	Sat	11:38	10.7	11:56	11.2	5:29	-0.4	5:46	-0.3	6:20	6:40	
20	Sun			12:18	11.2	6:09	-0.5	6:32	-0.7	6:21	6:38	
21	Mon	12:41	11.2	1:00	11.5	6:51	-0.5	7:19	-1.0	6:22	6:36	
22	Tue	1:28	11.0	1:45	11.7	7:36	-0.3	8:10	-1.0	6:23	6:34	
23	Wed	2:20	10.7	2:35	11.6	8:24	0.0	9:04	-0.9	6:24	6:32	
24	Thu	3:16	10.2	3:30	11.3	9:18	0.4	10:04	-0.6	6:26	6:30	
25	Fri	4:19	9.8	4:33	11.0	10:17	0.9	11:09	-0.3	6:27	6:28	
26	Sat	5:30	9.4	5:45	10.8	11:24	1.2			6:28	6:27	
27	Sun	6:43	9.3	6:58	10.7	12:19	-0.1	12:35	1.3	6:29	6:25	
28	Mon	7:50	9.5	8:06	10.7	1:27	0.0	1:45	1.1	6:30	6:23	
29	Tue	8:50	9.8	9:07	10.8	2:31	-0.1	2:48	0.8	6:31	6:21	
30	Wed	9:44	10.2	10:01	10.9	3:27	-0.2	3:45	0.5	6:33	6:19	