

































Rockland, ME - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:20	10.9	5:00	10.6	10:37	-0.4	11:06	0.5	4:57	8:23	
2	Sat	5:21	10.3	5:57	10.5	11:31	0.1			4:58	8:23	
3	Sun	6:23	9.7	6:52	10.4	12:08	0.6	12:27	0.6	4:58	8:22	
4	Mon	7:23	9.3	7:46	10.3	1:09	0.7	1:22	1.1	4:59	8:22	
5	Tue	8:21	9.1	8:38	10.3	2:07	0.7	2:15	1.4	5:00	8:22	
6	Wed	9:16	8.9	9:27	10.2	3:02	0.6	3:06	1.6	5:00	8:21	
7	Thu	10:06	8.8	10:14	10.2	3:52	0.6	3:54	1.7	5:01	8:21	
8	Fri	10:53	8.8	10:56	10.2	4:38	0.5	4:38	1.8	5:02	8:21	
9	Sat	11:36	8.8	11:36	10.2	5:21	0.5	5:18	1.8	5:03	8:20	
10	Sun			12:16	8.9	6:00	0.4	5:57	1.7	5:03	8:20	
11	Mon	12:12	10.2	12:52	8.9	6:37	0.4	6:34	1.7	5:04	8:19	
12	Tue	12:45	10.2	1:26	8.9	7:12	0.4	7:11	1.7	5:05	8:18	
13	Wed	1:18	10.2	1:58	9.0	7:47	0.4	7:49	1.6	5:06	8:18	
14	Thu	1:53	10.1	2:31	9.2	8:22	0.5	8:30	1.5	5:07	8:17	
15	Fri	2:32	9.9	3:07	9.4	8:59	0.6	9:13	1.4	5:08	8:16	
16	Sat	3:15	9.8	3:48	9.6	9:39	0.7	10:02	1.3	5:09	8:16	
17	Sun	4:03	9.6	4:34	9.8	10:23	0.8	10:55	1.1	5:09	8:15	
18	Mon	4:56	9.4	5:25	10.1	11:12	1.0	11:53	0.8	5:10	8:14	
19	Tue	5:56	9.2	6:21	10.4			12:06	1.1	5:11	8:13	
20	Wed	7:01	9.2	7:21	10.8	12:55	0.5	1:05	1.1	5:12	8:12	
21	Thu	8:09	9.3	8:24	11.2	1:58	0.1	2:06	1.0	5:13	8:12	
22	Fri	9:15	9.5	9:26	11.7	3:01	-0.4	3:07	0.7	5:14	8:11	
23	Sat	10:16	9.9	10:26	12.1	4:01	-0.9	4:07	0.3	5:15	8:10	
24	Sun	11:14	10.3	11:23	12.4	4:58	-1.3	5:05	0.0	5:16	8:09	
25	Mon			12:08	10.7	5:52	-1.6	6:01	-0.3	5:17	8:08	
26	Tue	12:18	12.4	1:00	10.9	6:44	-1.7	6:56	-0.4	5:18	8:07	
27	Wed	1:12	12.3	1:51	11.0	7:34	-1.5	7:50	-0.4	5:19	8:05	
28	Thu	2:06	11.8	2:42	11.0	8:24	-1.1	8:44	-0.2	5:21	8:04	
29	Fri	2:59	11.2	3:33	10.9	9:14	-0.6	9:40	0.0	5:22	8:03	
30	Sat	3:54	10.6	4:25	10.6	10:04	0.0	10:36	0.4	5:23	8:02	
31	Sun	4:52	9.9	5:19	10.3	10:55	0.6	11:35	0.7	5:24	8:01	