

































Rockland, ME - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:51	9.3	6:14	10.1	11:49	1.2			5:25	8:00	
2	Tue	6:52	8.8	7:10	9.9	12:35	0.9	12:45	1.7	5:26	7:58	
3	Wed	7:51	8.6	8:05	9.8	1:34	1.0	1:41	1.9	5:27	7:57	
4	Thu	8:47	8.5	8:58	9.9	2:31	1.0	2:35	2.0	5:28	7:56	
5	Fri	9:38	8.6	9:46	10.0	3:23	0.9	3:26	1.9	5:29	7:54	
6	Sat	10:25	8.7	10:31	10.1	4:10	0.8	4:11	1.8	5:30	7:53	
7	Sun	11:08	8.9	11:11	10.2	4:53	0.6	4:53	1.6	5:32	7:52	
8	Mon	11:46	9.1	11:47	10.3	5:32	0.5	5:32	1.5	5:33	7:50	
9	Tue			12:21	9.2	6:08	0.4	6:09	1.3	5:34	7:49	
10	Wed	12:20	10.3	12:52	9.4	6:41	0.3	6:46	1.1	5:35	7:47	
11	Thu	12:53	10.3	1:22	9.6	7:14	0.3	7:23	1.0	5:36	7:46	
12	Fri	1:28	10.2	1:54	9.8	7:48	0.4	8:03	0.8	5:37	7:44	
13	Sat	2:06	10.1	2:31	10.0	8:24	0.5	8:46	0.7	5:38	7:43	
14	Sun	2:49	9.9	3:13	10.2	9:04	0.7	9:34	0.6	5:40	7:41	
15	Mon	3:38	9.6	4:01	10.3	9:50	0.9	10:28	0.6	5:41	7:40	
16	Tue	4:32	9.3	4:55	10.4	10:41	1.1	11:29	0.5	5:42	7:38	
17	Wed	5:35	9.1	5:56	10.5	11:40	1.3			5:43	7:37	
18	Thu	6:45	9.0	7:03	10.7	12:34	0.3	12:45	1.3	5:44	7:35	
19	Fri	7:58	9.2	8:12	11.1	1:42	0.0	1:52	1.1	5:45	7:34	
20	Sat	9:05	9.6	9:18	11.5	2:47	-0.4	2:57	0.7	5:46	7:32	
21	Sun	10:05	10.1	10:18	11.9	3:48	-0.8	3:58	0.2	5:48	7:30	
22	Mon	10:59	10.6	11:13	12.1	4:43	-1.2	4:55	-0.2	5:49	7:29	
23	Tue	11:50	11.0			5:35	-1.3	5:48	-0.5	5:50	7:27	
24	Wed	12:06	12.1	12:39	11.2	6:23	-1.3	6:40	-0.7	5:51	7:25	
25	Thu	12:56	11.8	1:26	11.3	7:10	-1.1	7:30	-0.6	5:52	7:23	
26	Fri	1:46	11.4	2:12	11.1	7:55	-0.6	8:20	-0.4	5:53	7:22	
27	Sat	2:35	10.8	2:58	10.8	8:41	0.0	9:11	0.0	5:54	7:20	
28	Sun	3:26	10.1	3:45	10.4	9:27	0.6	10:03	0.4	5:56	7:18	
29	Mon	4:19	9.4	4:36	10.0	10:16	1.3	10:57	0.8	5:57	7:17	
30	Tue	5:17	8.8	5:31	9.6	11:09	1.8	11:56	1.2	5:58	7:15	
31	Wed	6:17	8.5	6:30	9.4			12:06	2.1	5:59	7:13	