
































## Rockland, ME - Nov 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:24	9.2	8:38	9.4	2:03	1.2	2:26	1.5	7:14	5:25	
2	Wed	9:05	9.7	9:24	9.7	2:48	1.0	3:13	0.9	7:15	5:24	
3	Thu	9:43	10.3	10:08	9.9	3:29	0.7	3:58	0.3	7:16	5:23	
4	Fri	10:21	10.8	10:52	10.1	4:10	0.6	4:42	-0.2	7:18	5:21	
5	Sat	11:00	11.2	11:36	10.2	4:52	0.4	5:26	-0.7	7:19	5:20	
6	Sun	10:42	11.6	11:22	10.3	4:34	0.4	5:12	-1.0	6:20	4:19	
7	Mon	11:28	11.8			5:19	0.4	6:00	-1.2	6:22	4:18	
8	Tue	12:11	10.2	12:16	11.8	6:07	0.4	6:51	-1.1	6:23	4:16	
9	Wed	1:04	10.1	1:10	11.6	6:59	0.6	7:46	-1.0	6:24	4:15	
10	Thu	2:01	9.9	2:08	11.4	7:56	0.8	8:46	-0.7	6:26	4:14	
11	Fri	3:05	9.8	3:14	11.0	9:00	1.0	9:48	-0.4	6:27	4:13	
12	Sat	4:12	9.8	4:24	10.7	10:08	1.0	10:52	-0.2	6:28	4:12	
13	Sun	5:18	10.0	5:35	10.5	11:18	0.9	11:55	-0.1	6:30	4:11	
14	Mon	6:20	10.3	6:42	10.4			12:25	0.6	6:31	4:10	
15	Tue	7:17	10.7	7:42	10.3	12:54	0.0	1:28	0.2	6:32	4:09	
16	Wed	8:10	11.0	8:38	10.3	1:49	0.1	2:24	-0.1	6:34	4:08	
17	Thu	8:59	11.1	9:30	10.1	2:39	0.2	3:16	-0.3	6:35	4:07	
18	Fri	9:44	11.2	10:18	10.0	3:26	0.5	4:03	-0.4	6:36	4:06	
19	Sat	10:26	11.1	11:03	9.7	4:10	0.7	4:47	-0.4	6:37	4:06	
20	Sun	11:06	10.8	11:46	9.5	4:51	1.0	5:28	-0.2	6:39	4:05	
21	Mon	11:44	10.6			5:31	1.3	6:08	0.0	6:40	4:04	
22	Tue	12:26	9.2	12:20	10.3	6:09	1.6	6:48	0.3	6:41	4:03	
23	Wed	1:06	8.9	12:57	10.0	6:48	1.9	7:28	0.6	6:42	4:03	
24	Thu	1:46	8.7	1:36	9.7	7:29	2.1	8:11	0.8	6:44	4:02	
25	Fri	2:28	8.5	2:19	9.5	8:14	2.3	8:55	1.0	6:45	4:01	
26	Sat	3:13	8.5	3:06	9.3	9:03	2.4	9:42	1.2	6:46	4:01	
27	Sun	4:01	8.5	3:59	9.1	9:56	2.3	10:31	1.3	6:47	4:00	
28	Mon	4:51	8.7	4:54	9.0	10:52	2.2	11:20	1.3	6:48	4:00	
29	Tue	5:40	9.0	5:52	9.0	11:48	1.8			6:49	3:59	
30	Wed	6:27	9.5	6:48	9.1	12:09	1.2	12:42	1.3	6:51	3:59	