US HARBORS www.USHarbors.com

Rockland, ME - Oct 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:30	9.3	2:40	10.3	8:33	1.4	9:13	0.4	6:34	6:16	
2	Mon	3:19	9.0	3:31	10.2	9:21	1.6	10:08	0.5	6:36	6:15	
3	Tue	4:16	8.9	4:29	10.2	10:18	1.7	11:10	0.5	6:37	6:13	
4	Wed	5:22	8.9	5:35	10.2	11:23	1.7			6:38	6:11	
5	Thu	6:33	9.1	6:46	10.4	12:16	0.4	12:32	1.4	6:39	6:09	
6	Fri	7:41	9.6	7:56	10.8	1:21	0.1	1:40	0.9	6:40	6:07	
7	Sat	8:41	10.2	9:00	11.1	2:21	-0.3	2:43	0.2	6:42	6:06	
8	Sun	9:36	10.9	9:58	11.4	3:17	-0.6	3:41	-0.5	6:43	6:04	
9	Mon	10:26	11.6	10:52	11.6	4:09	-0.9	4:36	-1.0	6:44	6:02	
10	Tue	11:15	12.0	11:44	11.5	4:59	-0.9	5:28	-1.4	6:45	6:00	
11	Wed			12:01	12.1	5:46	-0.8	6:19	-1.5	6:46	5:59	
12	Thu	12:35	11.2	12:48	12.0	6:33	-0.5	7:08	-1.4	6:48	5:57	
13	Fri	1:25	10.8	1:35	11.7	7:21	0.0	7:58	-1.0	6:49	5:55	
14	Sat	2:16	10.3	2:23	11.2	8:09	0.6	8:49	-0.5	6:50	5:53	
15	Sun	3:08	9.7	3:14	10.6	8:59	1.1	9:42	0.1	6:51	5:52	
16	Mon	4:04	9.2	4:09	10.1	9:52	1.6	10:38	0.6	6:53	5:50	
17	Tue	5:02	8.8	5:09	9.6	10:50	2.0	11:36	1.0	6:54	5:48	
18	Wed	6:02	8.6	6:11	9.4	11:51	2.2			6:55	5:47	
19	Thu	6:59	8.6	7:10	9.3	12:35	1.2	12:51	2.2	6:56	5:45	
20	Fri	7:52	8.8	8:05	9.3	1:30	1.2	1:48	2.0	6:58	5:43	
21	Sat	8:40	9.1	8:55	9.4	2:19	1.2	2:39	1.6	6:59	5:42	
22	Sun	9:23	9.4	9:40	9.5	3:04	1.1	3:25	1.2	7:00	5:40	
23	Mon	10:01	9.8	10:21	9.6	3:44	1.0	4:07	0.9	7:02	5:39	
24	Tue	10:36	10.0	10:59	9.7	4:21	1.0	4:46	0.5	7:03	5:37	
25	Wed	11:07	10.3	11:35	9.7	4:56	1.0	5:24	0.3	7:04	5:36	
26	Thu	11:38	10.5			5:31	1.0	6:01	0.0	7:05	5:34	
27	Fri	12:11	9.6	12:12	10.6	6:07	1.0	6:40	-0.1	7:07	5:33	
28	Sat	12:48	9.6	12:50	10.7	6:45	1.1	7:21	-0.2	7:08	5:31	
29	Sun	1:29	9.5	1:32	10.8	7:26	1.2	8:07	-0.1	7:09	5:30	
30	Mon	2:15	9.4	2:20	10.7	8:13	1.3	8:57	-0.1	7:11	5:28	
31	Tue	3:07	9.2	3:14	10.6	9:05	1.4	9:53	0.0	7:12	5:27	