US HARBORS www.USHarbors.com

Rockland, ME - Nov 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:06	9.2	4:15	10.5	10:05	1.5	10:54	0.1	7:13	5:26	
2	Thu	5:11	9.3	5:22	10.4	11:11	1.4	11:57	0.1	7:15	5:24	
3	Fri	6:19	9.7	6:34	10.4			12:20	1.1	7:16	5:23	
4	Sat	7:22	10.2	7:43	10.5	12:59	-0.1	1:27	0.6	7:17	5:22	
5	Sun	7:21	10.8	7:46	10.7	1:58	-0.2	1:30	0.0	6:19	4:20	
6	Mon	8:15	11.3	8:44	10.8	1:54	-0.3	2:29	-0.6	6:20	4:19	
7	Tue	9:06	11.7	9:39	10.8	2:46	-0.4	3:23	-1.1	6:21	4:18	
8	Wed	9:54	12.0	10:31	10.7	3:36	-0.3	4:14	-1.3	6:23	4:17	
9	Thu	10:41	12.0	11:20	10.5	4:25	-0.1	5:03	-1.3	6:24	4:16	
10	Fri	11:27	11.7			5:11	0.2	5:51	-1.1	6:25	4:14	
11	Sat	12:09	10.2	12:12	11.4	5:58	0.6	6:38	-0.7	6:27	4:13	
12	Sun	12:57	9.8	12:58	10.9	6:44	1.1	7:25	-0.3	6:28	4:12	
13	Mon	1:45	9.4	1:44	10.4	7:31	1.5	8:13	0.2	6:29	4:11	
14	Tue	2:35	9.0	2:34	9.9	8:20	1.8	9:03	0.7	6:31	4:10	
15	Wed	3:27	8.8	3:26	9.5	9:13	2.1	9:54	1.0	6:32	4:09	
16	Thu	4:20	8.6	4:23	9.2	10:08	2.2	10:46	1.2	6:33	4:08	
17	Fri	5:13	8.7	5:20	9.0	11:06	2.2	11:37	1.3	6:34	4:07	
18	Sat	6:04	8.9	6:16	8.9			12:02	2.0	6:36	4:07	
19	Sun	6:51	9.2	7:09	9.0	12:26	1.4	12:56	1.7	6:37	4:06	
20	Mon	7:35	9.5	7:58	9.0	1:12	1.4	1:45	1.3	6:38	4:05	
21	Tue	8:15	9.8	8:44	9.2	1:56	1.3	2:30	0.9	6:40	4:04	
22	Wed	8:52	10.2	9:26	9.3	2:37	1.3	3:13	0.4	6:41	4:03	
23	Thu	9:29	10.5	10:07	9.4	3:17	1.2	3:55	0.1	6:42	4:03	
24	Fri	10:07	10.8	10:48	9.5	3:58	1.1	4:37	-0.2	6:43	4:02	
25	Sat	10:47	11.1	11:30	9.6	4:39	1.1	5:20	-0.5	6:45	4:02	
26	Sun	11:30	11.2			5:22	1.0	6:05	-0.6	6:46	4:01	
27	Mon	12:15	9.7	12:17	11.3	6:08	0.9	6:53	-0.7	6:47	4:00	
28	Tue	1:04	9.7	1:08	11.3	6:59	0.9	7:44	-0.6	6:48	4:00	
29	Wed	1:57	9.7	2:03	11.1	7:54	0.9	8:38	-0.5	6:49	4:00	
30	Thu	2:55	9.8	3:04	10.8	8:54	0.9	9:36	-0.4	6:50	3:59	