US HARBORS www.USHarbors.com

Rockland, ME - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:56	10.0	4:10	10.5	9:59	0.8	10:35	-0.2	6:51	3:59	
2	Sat	4:59	10.3	5:19	10.3	11:06	0.6	11:35	-0.1	6:53	3:58	
3	Sun	6:00	10.7	6:28	10.2			12:13	0.3	6:54	3:58	
4	Mon	6:59	11.1	7:32	10.1	12:34	0.1	1:16	-0.1	6:55	3:58	
5	Tue	7:54	11.4	8:31	10.1	1:31	0.2	2:15	-0.5	6:56	3:58	
6	Wed	8:47	11.6	9:26	10.1	2:26	0.3	3:10	-0.8	6:57	3:58	
7	Thu	9:37	11.6	10:18	10.0	3:18	0.4	4:01	-0.9	6:58	3:58	
8	Fri	10:25	11.5	11:07	9.9	4:07	0.6	4:50	-0.8	6:59	3:57	
9	Sat	11:10	11.3	11:53	9.7	4:53	0.8	5:35	-0.6	6:59	3:57	
10	Sun	11:54	11.0			5:38	1.1	6:19	-0.4	7:00	3:57	
11	Mon	12:37	9.4	12:36	10.7	6:21	1.3	7:02	0.0	7:01	3:58	
12	Tue	1:21	9.2	1:17	10.3	7:04	1.6	7:44	0.3	7:02	3:58	
13	Wed	2:03	9.0	1:58	9.9	7:48	1.8	8:26	0.6	7:03	3:58	
14	Thu	2:46	8.9	2:42	9.5	8:34	2.0	9:09	0.9	7:04	3:58	
15	Fri	3:30	8.8	3:29	9.2	9:24	2.1	9:54	1.2	7:04	3:58	
16	Sat	4:15	8.9	4:21	8.9	10:16	2.1	10:40	1.4	7:05	3:59	
17	Sun	5:02	9.0	5:16	8.7	11:11	1.9	11:28	1.6	7:06	3:59	
18	Mon	5:50	9.2	6:14	8.6			12:06	1.7	7:06	3:59	
19	Tue	6:37	9.5	7:10	8.6	12:17	1.7	1:00	1.4	7:07	4:00	
20	Wed	7:24	9.8	8:03	8.8	1:06	1.7	1:51	0.9	7:07	4:00	
21	Thu	8:09	10.2	8:52	9.0	1:54	1.6	2:40	0.5	7:08	4:01	
22	Fri	8:55	10.7	9:40	9.2	2:41	1.4	3:28	0.0	7:08	4:01	
23	Sat	9:41	11.1	10:26	9.5	3:28	1.1	4:14	-0.5	7:09	4:02	
24	Sun	10:27	11.5	11:13	9.8	4:16	0.9	5:01	-0.8	7:09	4:02	
25	Mon	11:15	11.7			5:04	0.6	5:49	-1.1	7:10	4:03	
26	Tue	12:01	10.1	12:05	11.9	5:54	0.4	6:38	-1.2	7:10	4:04	
27	Wed	12:50	10.3	12:57	11.8	6:47	0.2	7:28	-1.2	7:10	4:04	
28	Thu	1:42	10.5	1:53	11.5	7:42	0.2	8:20	-1.0	7:10	4:05	
29	Fri	2:37	10.6	2:52	11.1	8:41	0.2	9:14	-0.6	7:11	4:06	
30	Sat	3:34	10.8	3:55	10.6	9:44	0.2	10:11	-0.2	7:11	4:07	
31	Sun	4:34	10.9	5:03	10.1	10:49	0.2	11:07	0.1	7:11	4:07	