US HARBORS www.USHarbors.com

Rockland, ME - Mar 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:07	11.0	11:30	10.8	4:58	0.0	5:23	-0.4	6:11	5:25	
2	Mon	11:49	11.1			5:41	-0.4	6:03	-0.4	6:09	5:26	
3	Tue	12:10	11.2	12:33	11.0	6:26	-0.6	6:45	-0.4	6:08	5:28	
4	Wed	12:53	11.4	1:22	10.8	7:15	-0.7	7:32	-0.2	6:06	5:29	
5	Thu	1:41	11.4	2:15	10.4	8:07	-0.7	8:23	0.2	6:04	5:30	
6	Fri	2:34	11.3	3:15	10.0	9:05	-0.5	9:20	0.5	6:02	5:31	
7	Sat	3:35	11.1	4:23	9.7	10:08	-0.2	10:24	0.8	6:01	5:33	
8	Sun	5:43	10.9	6:37	9.5			12:16	-0.1	6:59	6:34	
9	Mon	6:57	10.9	7:47	9.7	12:33	0.9	1:25	-0.1	6:57	6:35	
10	Tue	8:06	11.0	8:51	10.0	1:42	0.8	2:30	-0.3	6:55	6:36	
11	Wed	9:09	11.2	9:47	10.4	2:48	0.5	3:29	-0.5	6:54	6:38	
12	Thu	10:06	11.3	10:38	10.7	3:47	0.2	4:21	-0.6	6:52	6:39	
13	Fri	10:57	11.3	11:25	10.9	4:40	-0.1	5:09	-0.6	6:50	6:40	
14	Sat	11:45	11.2			5:29	-0.3	5:53	-0.5	6:48	6:42	
15	Sun	12:08	11.0	12:29	10.9	6:13	-0.3	6:33	-0.2	6:46	6:43	
16	Mon	12:49	10.9	1:11	10.6	6:55	-0.2	7:12	0.2	6:45	6:44	
17	Tue	1:26	10.7	1:51	10.1	7:36	0.0	7:49	0.6	6:43	6:45	
18	Wed	2:02	10.4	2:30	9.6	8:16	0.3	8:27	1.1	6:41	6:47	
19	Thu	2:37	10.1	3:10	9.2	8:57	0.6	9:06	1.5	6:39	6:48	
20	Fri	3:15	9.8	3:53	8.8	9:41	0.9	9:50	1.8	6:37	6:49	
21	Sat	3:58	9.5	4:42	8.5	10:30	1.2	10:39	2.1	6:35	6:50	
22	Sun	4:48	9.3	5:39	8.3	11:23	1.4	11:33	2.3	6:34	6:51	
23	Mon	5:46	9.2	6:40	8.3			12:21	1.5	6:32	6:53	
24	Tue	6:48	9.2	7:38	8.5	12:32	2.2	1:18	1.4	6:30	6:54	
25	Wed	7:47	9.4	8:30	8.9	1:30	2.0	2:11	1.1	6:28	6:55	
26	Thu	8:40	9.7	9:16	9.4	2:24	1.6	3:00	0.8	6:26	6:56	
27	Fri	9:29	10.1	9:58	9.9	3:15	1.1	3:44	0.4	6:24	6:58	
28	Sat	10:15	10.5	10:38	10.5	4:02	0.5	4:27	0.1	6:23	6:59	
29	Sun	10:59	10.8	11:18	11.1	4:48	-0.1	5:09	-0.2	6:21	7:00	
30	Mon	11:44	11.0			5:33	-0.7	5:52	-0.4	6:19	7:01	
31	Tue	12:00	11.6	12:30	11.1	6:20	-1.1	6:36	-0.5	6:17	7:02	