US HARBORS www.USHarbors.com

Rockland, ME - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:37	11.2	4:16	10.8	9:53	-0.7	10:20	0.3	4:57	8:23	
2	Thu	4:35	10.5	5:11	10.6	10:46	-0.1	11:20	0.5	4:58	8:23	
3	Fri	5:35	9.9	6:07	10.4	11:40	0.5			4:58	8:22	
4	Sat	6:35	9.4	7:01	10.2	12:19	0.7	12:35	0.9	4:59	8:22	
5	Sun	7:33	9.1	7:55	10.2	1:18	0.8	1:29	1.3	5:00	8:22	
6	Mon	8:29	8.9	8:45	10.1	2:15	0.8	2:21	1.5	5:00	8:21	
7	Tue	9:22	8.9	9:33	10.2	3:07	0.8	3:11	1.6	5:01	8:21	
8	Wed	10:10	8.9	10:18	10.2	3:55	0.7	3:57	1.6	5:02	8:21	
9	Thu	10:55	9.0	10:59	10.3	4:40	0.5	4:40	1.6	5:03	8:20	
10	Fri	11:36	9.0	11:37	10.4	5:20	0.4	5:20	1.5	5:03	8:20	
11	Sat			12:14	9.1	5:58	0.3	5:58	1.4	5:04	8:19	
12	Sun	12:11	10.4	12:48	9.2	6:34	0.3	6:35	1.4	5:05	8:18	
13	Mon	12:43	10.4	1:20	9.3	7:09	0.2	7:12	1.3	5:06	8:18	
14	Tue	1:17	10.3	1:52	9.5	7:44	0.2	7:52	1.2	5:07	8:17	
15	Wed	1:54	10.3	2:27	9.7	8:20	0.3	8:34	1.0	5:08	8:16	
16	Thu	2:36	10.2	3:08	9.9	9:00	0.3	9:21	0.9	5:09	8:16	
17	Fri	3:22	10.0	3:53	10.1	9:43	0.4	10:12	0.8	5:10	8:15	
18	Sat	4:14	9.8	4:44	10.4	10:31	0.6	11:09	0.6	5:10	8:14	
19	Sun	5:11	9.6	5:39	10.6	11:25	0.7			5:11	8:13	
20	Mon	6:15	9.5	6:40	10.9	12:11	0.4	12:24	0.8	5:12	8:12	
21	Tue	7:24	9.5	7:45	11.2	1:15	0.0	1:26	0.7	5:13	8:12	
22	Wed	8:33	9.7	8:49	11.6	2:19	-0.4	2:29	0.5	5:14	8:11	
23	Thu	9:37	10.1	9:51	12.0	3:21	-0.8	3:30	0.2	5:15	8:10	
24	Fri	10:36	10.5	10:49	12.3	4:20	-1.3	4:29	-0.2	5:16	8:09	
25	Sat	11:31	10.8	11:44	12.4	5:15	-1.6	5:25	-0.4	5:17	8:08	
26	Sun			12:24	11.1	6:07	-1.7	6:20	-0.6	5:18	8:07	
27	Mon	12:37	12.3	1:14	11.2	6:57	-1.6	7:13	-0.6	5:20	8:05	
28	Tue	1:29	12.0	2:04	11.2	7:46	-1.3	8:05	-0.4	5:21	8:04	
29	Wed	2:20	11.5	2:53	11.0	8:33	-0.8	8:57	-0.1	5:22	8:03	
30	Thu	3:12	10.8	3:42	10.7	9:21	-0.2	9:50	0.2	5:23	8:02	
31	Fri	4:05	10.1	4:33	10.4	10:10	0.4	10:45	0.6	5:24	8:01	