US HARBORS www.USHarbors.com

Rockland, ME - Aug 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:01	9.5	5:26	10.1	11:01	1.0	11:42	0.9	5:25	8:00	
2	Sun	5:59	9.0	6:21	9.8	11:54	1.4			5:26	7:58	
3	Mon	6:58	8.7	7:16	9.7	12:40	1.1	12:49	1.8	5:27	7:57	
4	Tue	7:55	8.6	8:10	9.7	1:37	1.2	1:44	1.9	5:28	7:56	
5	Wed	8:49	8.6	9:01	9.9	2:32	1.1	2:37	1.9	5:29	7:54	
6	Thu	9:39	8.7	9:48	10.0	3:22	0.9	3:26	1.7	5:31	7:53	
7	Fri	10:24	8.9	10:30	10.2	4:08	0.7	4:10	1.5	5:32	7:52	
8	Sat	11:05	9.2	11:09	10.4	4:49	0.5	4:52	1.3	5:33	7:50	
9	Sun	11:41	9.4	11:44	10.5	5:27	0.3	5:31	1.1	5:34	7:49	
10	Mon			12:14	9.6	6:02	0.2	6:09	0.8	5:35	7:47	
11	Tue	12:18	10.5	12:46	9.9	6:37	0.1	6:47	0.6	5:36	7:46	
12	Wed	12:53	10.6	1:19	10.1	7:12	0.1	7:27	0.5	5:37	7:44	
13	Thu	1:31	10.5	1:56	10.4	7:50	0.1	8:10	0.3	5:38	7:43	
14	Fri	2:14	10.4	2:37	10.6	8:30	0.2	8:57	0.2	5:40	7:41	
15	Sat	3:01	10.1	3:25	10.7	9:15	0.4	9:50	0.2	5:41	7:40	
16	Sun	3:54	9.8	4:17	10.7	10:06	0.6	10:48	0.2	5:42	7:38	
17	Mon	4:54	9.6	5:17	10.8	11:03	0.8	11:52	0.1	5:43	7:37	
18	Tue	6:02	9.4	6:24	10.9			12:06	0.9	5:44	7:35	
19	Wed	7:15	9.5	7:34	11.1	1:00	0.0	1:13	0.8	5:45	7:33	
20	Thu	8:25	9.7	8:42	11.4	2:06	-0.3	2:19	0.6	5:46	7:32	
21	Fri	9:27	10.2	9:43	11.7	3:08	-0.7	3:21	0.2	5:48	7:30	
22	Sat	10:23	10.6	10:40	12.0	4:06	-1.0	4:20	-0.2	5:49	7:29	
23	Sun	11:15	11.0	11:32	12.0	4:58	-1.2	5:14	-0.5	5:50	7:27	
24	Mon			12:04	11.2	5:48	-1.2	6:05	-0.7	5:51	7:25	
25	Tue	12:22	11.8	12:51	11.3	6:34	-1.1	6:54	-0.7	5:52	7:23	
26	Wed	1:11	11.5	1:35	11.2	7:19	-0.7	7:42	-0.5	5:53	7:22	
27	Thu	1:58	10.9	2:19	10.9	8:03	-0.2	8:29	-0.1	5:54	7:20	
28	Fri	2:45	10.3	3:04	10.5	8:47	0.4	9:17	0.3	5:56	7:18	
29	Sat	3:33	9.7	3:49	10.1	9:32	0.9	10:07	0.7	5:57	7:17	
30	Sun	4:24	9.1	4:39	9.8	10:19	1.5	11:00	1.1	5:58	7:15	
31	Mon	5:19	8.7	5:34	9.5	11:11	1.9	11:57	1.3	5:59	7:13	