US HARBORS www.USHarbors.com

Rockland, ME - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:37	11.3	8:22	9.9	1:21	0.6	2:10	-0.5	7:11	4:09	
2	Sat	8:35	11.8	9:21	10.4	2:19	0.3	3:07	-1.1	7:11	4:10	
3	Sun	9:32	12.3	10:17	10.8	3:15	-0.1	4:02	-1.7	7:11	4:10	
4	Mon	10:27	12.7	11:11	11.1	4:11	-0.4	4:55	-2.0	7:11	4:11	
5	Tue	11:22	12.8			5:06	-0.7	5:47	-2.1	7:11	4:12	
6	Wed	12:04	11.4	12:16	12.6	6:01	-0.8	6:39	-2.0	7:10	4:13	
7	Thu	12:56	11.4	1:11	12.3	6:56	-0.8	7:30	-1.7	7:10	4:15	
8	Fri	1:50	11.4	2:07	11.7	7:52	-0.6	8:23	-1.1	7:10	4:16	
9	Sat	2:44	11.2	3:05	11.0	8:50	-0.2	9:16	-0.5	7:10	4:17	
10	Sun	3:40	11.0	4:05	10.3	9:49	0.1	10:11	0.1	7:09	4:18	
11	Mon	4:38	10.7	5:07	9.7	10:51	0.4	11:08	0.6	7:09	4:19	
12	Tue	5:36	10.5	6:09	9.3	11:53	0.6			7:09	4:20	
13	Wed	6:33	10.4	7:09	9.1	12:06	1.1	12:54	0.7	7:08	4:21	
14	Thu	7:28	10.3	8:04	9.0	1:03	1.3	1:50	0.7	7:08	4:23	
15	Fri	8:19	10.3	8:55	9.0	1:56	1.5	2:41	0.6	7:07	4:24	
16	Sat	9:06	10.4	9:41	9.1	2:45	1.5	3:27	0.5	7:07	4:25	
17	Sun	9:49	10.4	10:24	9.2	3:30	1.4	4:09	0.4	7:06	4:26	
18	Mon	10:29	10.4	11:03	9.3	4:10	1.4	4:47	0.3	7:05	4:28	
19	Tue	11:04	10.4	11:37	9.3	4:48	1.3	5:22	0.3	7:05	4:29	
20	Wed	11:36	10.4			5:24	1.2	5:56	0.3	7:04	4:30	
21	Thu	12:08	9.4	12:07	10.3	6:00	1.1	6:29	0.3	7:03	4:32	
22	Fri	12:37	9.5	12:39	10.2	6:37	1.1	7:03	0.4	7:02	4:33	
23	Sat	1:09	9.7	1:17	10.1	7:16	1.0	7:39	0.5	7:02	4:34	
24	Sun	1:45	9.8	1:59	9.9	7:58	1.0	8:19	0.6	7:01	4:36	
25	Mon	2:27	10.0	2:47	9.7	8:46	0.9	9:04	0.8	7:00	4:37	
26	Tue	3:14	10.1	3:40	9.4	9:39	0.8	9:55	0.9	6:59	4:38	
27	Wed	4:07	10.3	4:41	9.3	10:38	0.7	10:52	1.0	6:58	4:40	
28	Thu	5:07	10.5	5:48	9.3	11:42	0.4	11:54	1.0	6:57	4:41	
29	Fri	6:11	10.8	6:59	9.5			12:47	0.0	6:56	4:42	
30	Sat	7:17	11.3	8:06	9.9	12:58	0.7	1:51	-0.5	6:55	4:44	
31	Sun	8:21	11.8	9:07	10.4	2:01	0.3	2:50	-1.1	6:54	4:45	