US HARBORS www.USHarbors.com

Rockland, ME - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:11**	11.5	**8:52**	10.6	**1:50**	0.3	**2:33**	-0.9	6:12	5:25	
2	Tue	**9:10**	11.9	**9:46**	11.2	**2:50**	-0.3	**3:28**	-1.2	6:10	5:26	
3	Wed	**10:05**	12.1	**10:36**	11.6	**3:47**	-0.7	**4:20**	-1.4	6:08	5:27	
4	Thu	**10:57**	12.1	**11:25**	11.8	**4:40**	-1.1	**5:08**	-1.4	6:06	5:29	
5	Fri	**11:47**	11.9			**5:30**	-1.2	**5:55**	-1.1	6:05	5:30	
6	Sat	**12:11**	11.8	**12:36**	11.5	**6:19**	-1.1	**6:40**	-0.7	6:03	5:31	
7	Sun	**12:57**	11.5	**1:24**	10.9	**7:08**	-0.8	**7:26**	-0.2	6:01	5:32	
8	Mon	**1:43**	11.2	**2:13**	10.2	**7:57**	-0.4	**8:12**	0.4	5:59	5:34	
9	Tue	**2:30**	10.7	**3:05**	9.6	**8:47**	0.2	**9:00**	1.0	5:58	5:35	
10	Wed	**3:20**	10.2	**4:00**	9.1	**9:40**	0.6	**9:52**	1.6	5:56	5:36	
11	Thu	**4:15**	9.8	**4:58**	8.7	**10:36**	1.0	**10:48**	1.9	5:54	5:37	
12	Fri	**5:14**	9.5	**5:58**	8.5	**11:35**	1.3	**11:47**	2.0	5:52	5:39	
13	Sat	**6:13**	9.4	**6:55**	8.6			**12:33**	1.3	5:50	5:40	
14	Sun	**8:10**	9.5	**8:47**	8.8	**12:45**	2.0	**2:27**	1.2	6:49	6:41	
15	Mon	**9:01**	9.7	**9:34**	9.1	**2:39**	1.8	**3:16**	1.0	6:47	6:42	
16	Tue	**9:47**	9.9	**10:16**	9.4	**3:27**	1.5	**3:59**	0.8	6:45	6:44	
17	Wed	**10:29**	10.1	**10:53**	9.7	**4:11**	1.1	**4:38**	0.6	6:43	6:45	
18	Thu	**11:07**	10.2	**11:27**	10.1	**4:52**	0.7	**5:14**	0.4	6:41	6:46	
19	Fri	**11:42**	10.3	**11:58**	10.4	**5:30**	0.4	**5:50**	0.3	6:39	6:47	
20	Sat			**12:17**	10.4	**6:09**	0.1	**6:25**	0.3	6:38	6:49	
21	Sun	**12:31**	10.6	**12:54**	10.4	**6:48**	-0.1	**7:03**	0.3	6:36	6:50	
22	Mon	**1:07**	10.9	**1:35**	10.3	**7:29**	-0.3	**7:43**	0.3	6:34	6:51	
23	Tue	**1:48**	11.0	**2:20**	10.2	**8:14**	-0.4	**8:27**	0.5	6:32	6:52	
24	Wed	**2:34**	11.0	**3:11**	10.0	**9:04**	-0.3	**9:17**	0.7	6:30	6:54	
25	Thu	**3:26**	11.0	**4:08**	9.7	**9:59**	-0.2	**10:14**	0.8	6:29	6:55	
26	Fri	**4:25**	10.8	**5:13**	9.6	**11:01**	-0.1	**11:18**	0.9	6:27	6:56	
27	Sat	**5:31**	10.7	**6:25**	9.7			**12:06**	-0.1	6:25	6:57	
28	Sun	**6:44**	10.8	**7:35**	10.0	**12:26**	0.9	**1:13**	-0.2	6:23	6:59	
29	Mon	**7:55**	11.0	**8:38**	10.4	**1:35**	0.6	**2:16**	-0.4	6:21	7:00	
30	Tue	**9:00**	11.2	**9:35**	10.9	**2:40**	0.1	**3:15**	-0.7	6:19	7:01	
31	Wed	**9:58**	11.4	**10:27**	11.4	**3:39**	-0.4	**4:09**	-0.8	6:18	7:02	