



Rockland, ME - Jul 2049

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 12:17 | 10.5 | 12:54 | 9.3 | 6:37 | 0.2 | 6:38 | 1.4 | 4:57 | 8:23 | ☀ |
| 2 | Fri | 12:52 | 10.3 | 1:30 | 9.2 | 7:13 | 0.3 | 7:15 | 1.5 | 4:58 | 8:23 | ☀ |
| 3 | Sat | 1:25 | 10.2 | 2:03 | 9.2 | 7:48 | 0.4 | 7:53 | 1.5 | 4:58 | 8:23 | ☀ |
| 4 | Sun | 1:58 | 10.0 | 2:35 | 9.2 | 8:24 | 0.5 | 8:32 | 1.5 | 4:59 | 8:22 | ☀ |
| 5 | Mon | 2:34 | 9.8 | 3:09 | 9.3 | 9:00 | 0.7 | 9:15 | 1.5 | 5:00 | 8:22 | ☀ |
| 6 | Tue | 3:14 | 9.6 | 3:48 | 9.4 | 9:39 | 0.8 | 10:01 | 1.5 | 5:00 | 8:22 | ☀ |
| 7 | Wed | 3:59 | 9.4 | 4:32 | 9.5 | 10:22 | 1.0 | 10:51 | 1.4 | 5:01 | 8:21 | ☀ |
| 8 | Thu | 4:49 | 9.2 | 5:20 | 9.7 | 11:08 | 1.1 | 11:45 | 1.2 | 5:02 | 8:21 | ☀ |
| 9 | Fri | 5:45 | 9.1 | 6:12 | 10.0 | 11:59 | 1.2 | | | 5:02 | 8:20 | ☀ |
| 10 | Sat | 6:45 | 9.1 | 7:09 | 10.4 | 12:43 | 0.9 | 12:54 | 1.1 | 5:03 | 8:20 | ☀ |
| 11 | Sun | 7:48 | 9.2 | 8:06 | 10.9 | 1:42 | 0.5 | 1:51 | 1.0 | 5:04 | 8:19 | ☀ |
| 12 | Mon | 8:50 | 9.5 | 9:05 | 11.4 | 2:41 | -0.1 | 2:49 | 0.7 | 5:05 | 8:19 | ☀ |
| 13 | Tue | 9:50 | 9.9 | 10:02 | 11.9 | 3:38 | -0.6 | 3:46 | 0.3 | 5:06 | 8:18 | ☀ |
| 14 | Wed | 10:47 | 10.4 | 10:58 | 12.3 | 4:33 | -1.2 | 4:42 | -0.2 | 5:07 | 8:17 | ☀ |
| 15 | Thu | 11:41 | 10.9 | 11:52 | 12.6 | 5:27 | -1.6 | 5:37 | -0.5 | 5:07 | 8:17 | ☀ |
| 16 | Fri | | | 12:34 | 11.2 | 6:19 | -1.9 | 6:32 | -0.8 | 5:08 | 8:16 | ☀ |
| 17 | Sat | 12:47 | 12.6 | 1:27 | 11.5 | 7:10 | -1.9 | 7:27 | -0.9 | 5:09 | 8:15 | ☀ |
| 18 | Sun | 1:42 | 12.4 | 2:20 | 11.6 | 8:02 | -1.8 | 8:23 | -0.8 | 5:10 | 8:14 | ☀ |
| 19 | Mon | 2:38 | 12.0 | 3:14 | 11.5 | 8:54 | -1.4 | 9:21 | -0.6 | 5:11 | 8:14 | ☀ |
| 20 | Tue | 3:36 | 11.4 | 4:10 | 11.4 | 9:48 | -0.9 | 10:20 | -0.4 | 5:12 | 8:13 | ☀ |
| 21 | Wed | 4:36 | 10.7 | 5:08 | 11.1 | 10:43 | -0.3 | 11:22 | 0.0 | 5:13 | 8:12 | ☀ |
| 22 | Thu | 5:39 | 10.1 | 6:07 | 10.9 | 11:40 | 0.3 | | | 5:14 | 8:11 | ☀ |
| 23 | Fri | 6:42 | 9.6 | 7:06 | 10.7 | 12:25 | 0.2 | 12:39 | 0.8 | 5:15 | 8:10 | ☀ |
| 24 | Sat | 7:43 | 9.3 | 8:03 | 10.5 | 1:27 | 0.4 | 1:38 | 1.1 | 5:16 | 8:09 | ☀ |
| 25 | Sun | 8:41 | 9.2 | 8:57 | 10.5 | 2:26 | 0.4 | 2:35 | 1.3 | 5:17 | 8:08 | ☀ |
| 26 | Mon | 9:34 | 9.2 | 9:47 | 10.5 | 3:20 | 0.4 | 3:27 | 1.3 | 5:18 | 8:07 | ☀ |
| 27 | Tue | 10:23 | 9.2 | 10:33 | 10.5 | 4:09 | 0.4 | 4:14 | 1.3 | 5:19 | 8:06 | ☀ |
| 28 | Wed | 11:08 | 9.3 | 11:15 | 10.5 | 4:53 | 0.3 | 4:57 | 1.3 | 5:20 | 8:05 | ☀ |
| 29 | Thu | 11:48 | 9.3 | 11:53 | 10.4 | 5:33 | 0.3 | 5:36 | 1.2 | 5:21 | 8:03 | ☀ |
| 30 | Fri | | | 12:25 | 9.4 | 6:09 | 0.3 | 6:13 | 1.2 | 5:23 | 8:02 | ☀ |
| 31 | Sat | 12:27 | 10.3 | 12:58 | 9.4 | 6:44 | 0.3 | 6:49 | 1.2 | 5:24 | 8:01 | ☀ |