US HARBORS www.USHarbors.com

Rockland, ME - Jul 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:17	10.5	12:54	9.3	6:37	0.2	6:38	1.4	4:57	8:23	
2	Fri	12:52	10.3	1:30	9.2	7:13	0.3	7:15	1.5	4:58	8:23	
3	Sat	1:25	10.2	2:03	9.2	7:48	0.4	7:53	1.5	4:58	8:23	
4	Sun	1:58	10.0	2:35	9.2	8:24	0.5	8:32	1.5	4:59	8:22	
5	Mon	2:34	9.8	3:09	9.3	9:00	0.7	9:15	1.5	5:00	8:22	
6	Tue	3:14	9.6	3:48	9.4	9:39	0.8	10:01	1.5	5:00	8:22	
7	Wed	3:59	9.4	4:32	9.5	10:22	1.0	10:51	1.4	5:01	8:21	
8	Thu	4:49	9.2	5:20	9.7	11:08	1.1	11:45	1.2	5:02	8:21	
9	Fri	5:45	9.1	6:12	10.0	11:59	1.2			5:02	8:20	
10	Sat	6:45	9.1	7:09	10.4	12:43	0.9	12:54	1.1	5:03	8:20	
11	Sun	7:48	9.2	8:06	10.9	1:42	0.5	1:51	1.0	5:04	8:19	
12	Mon	8:50	9.5	9:05	11.4	2:41	-0.1	2:49	0.7	5:05	8:19	
13	Tue	9:50	9.9	10:02	11.9	3:38	-0.6	3:46	0.3	5:06	8:18	
14	Wed	10:47	10.4	10:58	12.3	4:33	-1.2	4:42	-0.2	5:07	8:17	
15	Thu	11:41	10.9	11:52	12.6	5:27	-1.6	5:37	-0.5	5:07	8:17	
16	Fri			12:34	11.2	6:19	-1.9	6:32	-0.8	5:08	8:16	
17	Sat	12:47	12.6	1:27	11.5	7:10	-1.9	7:27	-0.9	5:09	8:15	
18	Sun	1:42	12.4	2:20	11.6	8:02	-1.8	8:23	-0.8	5:10	8:14	
19	Mon	2:38	12.0	3:14	11.5	8:54	-1.4	9:21	-0.6	5:11	8:14	
20	Tue	3:36	11.4	4:10	11.4	9:48	-0.9	10:20	-0.4	5:12	8:13	
21	Wed	4:36	10.7	5:08	11.1	10:43	-0.3	11:22	0.0	5:13	8:12	
22	Thu	5:39	10.1	6:07	10.9	11:40	0.3			5:14	8:11	
23	Fri	6:42	9.6	7:06	10.7	12:25	0.2	12:39	0.8	5:15	8:10	
24	Sat	7:43	9.3	8:03	10.5	1:27	0.4	1:38	1.1	5:16	8:09	
25	Sun	8:41	9.2	8:57	10.5	2:26	0.4	2:35	1.3	5:17	8:08	
26	Mon	9:34	9.2	9:47	10.5	3:20	0.4	3:27	1.3	5:18	8:07	
27	Tue	10:23	9.2	10:33	10.5	4:09	0.4	4:14	1.3	5:19	8:06	
28	Wed	11:08	9.3	11:15	10.5	4:53	0.3	4:57	1.3	5:20	8:05	
29	Thu	11:48	9.3	11:53	10.4	5:33	0.3	5:36	1.2	5:21	8:03	
30	Fri			12:25	9.4	6:09	0.3	6:13	1.2	5:23	8:02	
31	Sat	12:27	10.3	12:58	9.4	6:44	0.3	6:49	1.2	5:24	8:01	