US HARBORS www.USHarbors.com

Rockland, ME - Dec 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:17	10.5	3:32	11.0	9:20	0.3	9:56	-0.6	6:51	3:59	
2	Thu	4:20	10.6	4:40	10.6	10:26	0.3	10:57	-0.3	6:53	3:58	
3	Fri	5:23	10.8	5:50	10.4	11:33	0.2	11:58	-0.1	6:54	3:58	
4	Sat	6:25	11.0	6:55	10.2			12:39	-0.1	6:55	3:58	
5	Sun	7:23	11.3	7:56	10.2	12:57	0.1	1:40	-0.3	6:56	3:58	
6	Mon	8:17	11.4	8:53	10.2	1:54	0.2	2:37	-0.6	6:57	3:58	
7	Tue	9:08	11.5	9:45	10.1	2:47	0.3	3:29	-0.7	6:58	3:58	
8	Wed	9:56	11.5	10:34	10.0	3:37	0.5	4:17	-0.7	6:59	3:57	
9	Thu	10:41	11.3	11:19	9.9	4:23	0.6	5:02	-0.6	6:59	3:57	
10	Fri	11:23	11.1			5:07	0.8	5:44	-0.4	7:00	3:57	
11	Sat	12:02	9.7	12:03	10.8	5:48	1.1	6:24	-0.1	7:01	3:58	
12	Sun	12:43	9.5	12:40	10.5	6:28	1.3	7:03	0.1	7:02	3:58	
13	Mon	1:22	9.3	1:17	10.1	7:08	1.5	7:42	0.4	7:03	3:58	
14	Tue	2:00	9.2	1:55	9.8	7:50	1.7	8:22	0.7	7:04	3:58	
15	Wed	2:39	9.1	2:37	9.5	8:35	1.8	9:04	0.9	7:04	3:58	
16	Thu	3:20	9.0	3:23	9.2	9:23	1.9	9:49	1.2	7:05	3:59	
17	Fri	4:05	9.1	4:14	8.9	10:15	1.8	10:36	1.3	7:06	3:59	
18	Sat	4:53	9.2	5:11	8.8	11:10	1.7	11:26	1.4	7:06	3:59	
19	Sun	5:43	9.5	6:09	8.8			12:06	1.4	7:07	4:00	
20	Mon	6:34	9.8	7:07	8.9	12:17	1.4	1:00	1.0	7:07	4:00	
21	Tue	7:24	10.3	8:02	9.2	1:08	1.3	1:53	0.5	7:08	4:01	
22	Wed	8:13	10.8	8:55	9.5	1:59	1.1	2:44	-0.1	7:08	4:01	
23	Thu	9:02	11.3	9:45	9.9	2:49	0.8	3:33	-0.6	7:09	4:02	
24	Fri	9:51	11.8	10:34	10.3	3:38	0.4	4:22	-1.1	7:09	4:02	
25	Sat	10:41	12.1	11:23	10.6	4:29	0.1	5:11	-1.5	7:10	4:03	
26	Sun	11:31	12.3			5:20	-0.2	6:01	-1.7	7:10	4:04	
27	Mon	12:14	10.9	12:24	12.3	6:12	-0.4	6:51	-1.7	7:10	4:04	
28	Tue	1:06	11.1	1:18	12.1	7:07	-0.4	7:43	-1.5	7:10	4:05	
29	Wed	2:00	11.2	2:16	11.6	8:05	-0.4	8:37	-1.1	7:11	4:06	
30	Thu	2:58	11.2	3:18	11.1	9:05	-0.2	9:34	-0.7	7:11	4:07	
31	Fri	3:58	11.1	4:24	10.5	10:09	-0.1	10:34	-0.3	7:11	4:08	