US HARBORS www.USHarbors.com

Rockland, ME - Aug 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:51	10.0	7:17	11.3	12:34	-0.3	12:51	0.3	5:24	8:00	
2	Wed	7:59	10.0	8:21	11.4	1:40	-0.4	1:55	0.3	5:25	7:59	
3	Thu	9:02	10.1	9:20	11.5	2:43	-0.5	2:56	0.3	5:26	7:58	
4	Fri	9:59	10.2	10:15	11.6	3:42	-0.7	3:54	0.3	5:27	7:57	
5	Sat	10:52	10.3	11:06	11.6	4:35	-0.8	4:47	0.2	5:29	7:55	
6	Sun	11:41	10.4	11:54	11.4	5:24	-0.8	5:35	0.2	5:30	7:54	
7	Mon			12:26	10.4	6:09	-0.6	6:21	0.3	5:31	7:53	
8	Tue	12:38	11.1	1:08	10.3	6:51	-0.4	7:03	0.4	5:32	7:51	
9	Wed	1:19	10.8	1:48	10.1	7:31	-0.1	7:44	0.6	5:33	7:50	
10	Thu	1:58	10.4	2:25	9.9	8:08	0.2	8:25	0.8	5:34	7:48	
11	Fri	2:36	10.0	3:02	9.7	8:46	0.6	9:07	1.0	5:35	7:47	
12	Sat	3:15	9.5	3:39	9.6	9:26	1.0	9:52	1.2	5:36	7:46	
13	Sun	3:57	9.1	4:20	9.4	10:08	1.3	10:40	1.4	5:38	7:44	
14	Mon	4:45	8.8	5:07	9.4	10:54	1.6	11:33	1.5	5:39	7:42	
15	Tue	5:40	8.6	6:00	9.4	11:45	1.8			5:40	7:41	
16	Wed	6:39	8.5	6:56	9.5	12:29	1.4	12:39	1.9	5:41	7:39	
17	Thu	7:40	8.6	7:52	9.8	1:25	1.3	1:34	1.7	5:42	7:38	
18	Fri	8:35	8.8	8:44	10.1	2:20	0.9	2:27	1.5	5:43	7:36	
19	Sat	9:25	9.2	9:33	10.6	3:10	0.5	3:18	1.1	5:44	7:35	
20	Sun	10:11	9.7	10:20	11.1	3:58	0.0	4:07	0.6	5:46	7:33	
21	Mon	10:55	10.3	11:07	11.5	4:43	-0.5	4:55	0.0	5:47	7:31	
22	Tue	11:38	10.8	11:53	11.8	5:28	-0.9	5:42	-0.5	5:48	7:30	
23	Wed			12:23	11.3	6:13	-1.1	6:31	-0.8	5:49	7:28	
24	Thu	12:41	11.9	1:09	11.6	6:59	-1.3	7:21	-1.1	5:50	7:26	
25	Fri	1:31	11.8	1:57	11.8	7:46	-1.2	8:13	-1.1	5:51	7:25	
26	Sat	2:24	11.5	2:49	11.8	8:37	-0.9	9:09	-1.0	5:52	7:23	
27	Sun	3:20	11.1	3:46	11.6	9:30	-0.6	10:09	-0.8	5:54	7:21	
28	Mon	4:23	10.6	4:48	11.4	10:29	-0.1	11:12	-0.5	5:55	7:20	
29	Tue	5:31	10.2	5:56	11.2	11:31	0.3			5:56	7:18	
30	Wed	6:41	10.0	7:04	11.1	12:19	-0.3	12:38	0.5	5:57	7:16	
31	Thu	7:47	9.9	8:08	11.1	1:26	-0.2	1:43	0.6	5:58	7:14	