



## Rockland, ME - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:30	10.4	1:02	9.5	6:49	0.2	6:55	1.1	5:25	8:00	☉
2	Sat	1:01	10.3	1:32	9.6	7:24	0.3	7:32	1.0	5:26	7:59	☉
3	Sun	1:35	10.3	2:04	9.7	7:59	0.3	8:11	1.0	5:27	7:57	☉
4	Mon	2:12	10.2	2:41	9.9	8:36	0.4	8:54	0.9	5:28	7:56	☾
5	Tue	2:55	10.0	3:24	10.0	9:17	0.5	9:42	0.8	5:29	7:55	☾
6	Wed	3:43	9.9	4:12	10.2	10:03	0.6	10:35	0.7	5:30	7:53	☾
7	Thu	4:36	9.7	5:05	10.4	10:54	0.7	11:33	0.5	5:31	7:52	☾
8	Fri	5:36	9.6	6:04	10.6	11:50	0.7			5:33	7:51	☾
9	Sat	6:42	9.6	7:07	10.9	12:36	0.3	12:51	0.6	5:34	7:49	☾
10	Sun	7:51	9.8	8:12	11.3	1:39	-0.1	1:54	0.4	5:35	7:48	☾
11	Mon	8:57	10.2	9:15	11.8	2:42	-0.6	2:56	0.1	5:36	7:46	☾
12	Tue	9:58	10.6	10:14	12.2	3:41	-1.1	3:55	-0.4	5:37	7:45	☾
13	Wed	10:55	11.1	11:11	12.5	4:38	-1.5	4:52	-0.7	5:38	7:43	☾
14	Thu	11:48	11.4			5:31	-1.8	5:47	-1.0	5:39	7:42	☾
15	Fri	12:05	12.6	12:40	11.6	6:23	-1.9	6:40	-1.1	5:41	7:40	☾
16	Sat	12:58	12.4	1:30	11.6	7:13	-1.7	7:33	-1.0	5:42	7:39	☾
17	Sun	1:50	12.0	2:21	11.5	8:02	-1.3	8:26	-0.7	5:43	7:37	☾
18	Mon	2:42	11.4	3:12	11.2	8:52	-0.8	9:19	-0.3	5:44	7:35	☾
19	Tue	3:36	10.8	4:04	10.8	9:42	-0.1	10:14	0.1	5:45	7:34	☾
20	Wed	4:32	10.1	4:58	10.4	10:35	0.5	11:11	0.5	5:46	7:32	☾
21	Thu	5:31	9.6	5:55	10.1	11:29	1.0			5:47	7:31	☾
22	Fri	6:30	9.2	6:52	9.9	12:10	0.8	12:26	1.4	5:49	7:29	☾
23	Sat	7:29	9.0	7:47	9.8	1:09	1.0	1:22	1.6	5:50	7:27	☾
24	Sun	8:24	9.0	8:40	9.9	2:05	1.0	2:17	1.6	5:51	7:26	☾
25	Mon	9:15	9.1	9:28	10.0	2:57	0.8	3:07	1.5	5:52	7:24	☉
26	Tue	10:01	9.2	10:13	10.2	3:44	0.7	3:53	1.3	5:53	7:22	☉
27	Wed	10:44	9.4	10:53	10.3	4:27	0.5	4:35	1.1	5:54	7:20	☉
28	Thu	11:22	9.6	11:30	10.4	5:06	0.4	5:14	0.9	5:55	7:19	☉
29	Fri	11:56	9.8			5:42	0.2	5:51	0.7	5:57	7:17	☉
30	Sat	12:03	10.5	12:27	9.9	6:17	0.2	6:28	0.6	5:58	7:15	☉
31	Sun	12:35	10.5	12:57	10.1	6:51	0.2	7:06	0.4	5:59	7:13	☉