US HARBORS www.USHarbors.com

Rockland, ME - Sep 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:10	10.4	1:31	10.3	7:27	0.2	7:46	0.3	6:00	7:12	
2	Tue	1:49	10.4	2:10	10.4	8:06	0.3	8:29	0.2	6:01	7:10	
3	Wed	2:33	10.2	2:54	10.5	8:48	0.4	9:18	0.2	6:02	7:08	
4	Thu	3:22	10.0	3:44	10.6	9:36	0.5	10:12	0.2	6:03	7:06	
5	Fri	4:17	9.8	4:40	10.6	10:30	0.7	11:12	0.1	6:04	7:04	
6	Sat	5:19	9.7	5:43	10.7	11:30	0.8			6:06	7:03	
7	Sun	6:29	9.7	6:51	10.9	12:17	0.0	12:35	0.7	6:07	7:01	
8	Mon	7:41	9.9	8:01	11.2	1:23	-0.2	1:41	0.5	6:08	6:59	
9	Tue	8:46	10.4	9:05	11.6	2:27	-0.6	2:45	0.0	6:09	6:57	
10	Wed	9:45	10.8	10:05	11.9	3:26	-1.0	3:45	-0.4	6:10	6:55	
11	Thu	10:40	11.3	11:00	12.1	4:21	-1.3	4:41	-0.8	6:11	6:53	
12	Fri	11:31	11.6	11:52	12.1	5:13	-1.4	5:34	-1.1	6:12	6:52	
13	Sat			12:19	11.7	6:02	-1.4	6:24	-1.2	6:14	6:50	
14	Sun	12:42	11.9	1:06	11.7	6:50	-1.1	7:13	-1.0	6:15	6:48	
15	Mon	1:31	11.5	1:53	11.4	7:36	-0.7	8:02	-0.7	6:16	6:46	
16	Tue	2:19	10.9	2:39	11.0	8:22	-0.1	8:51	-0.3	6:17	6:44	
17	Wed	3:09	10.3	3:26	10.6	9:09	0.4	9:41	0.2	6:18	6:42	
18	Thu	4:01	9.7	4:17	10.1	9:58	1.0	10:34	0.6	6:19	6:40	
19	Fri	4:56	9.2	5:11	9.7	10:50	1.5	11:29	1.0	6:20	6:38	
20	Sat	5:53	8.9	6:09	9.5	11:45	1.8			6:22	6:37	
21	Sun	6:52	8.8	7:07	9.4	12:27	1.2	12:43	1.9	6:23	6:35	
22	Mon	7:47	8.8	8:02	9.5	1:23	1.2	1:39	1.8	6:24	6:33	
23	Tue	8:38	9.0	8:52	9.7	2:17	1.1	2:32	1.6	6:25	6:31	
24	Wed	9:25	9.3	9:38	9.9	3:05	0.9	3:19	1.3	6:26	6:29	
25	Thu	10:07	9.6	10:20	10.1	3:48	0.6	4:03	1.0	6:27	6:27	
26	Fri	10:44	9.9	10:58	10.3	4:28	0.4	4:43	0.6	6:29	6:25	
27	Sat	11:18	10.2	11:33	10.5	5:05	0.3	5:22	0.3	6:30	6:24	
28	Sun	11:50	10.5			5:42	0.1	6:01	0.0	6:31	6:22	
29	Mon	12:09	10.5	12:24	10.8	6:19	0.1	6:41	-0.3	6:32	6:20	
30	Tue	12:47	10.6	1:02	11.0	6:57	0.1	7:23	-0.4	6:33	6:18	