US HARBORS www.USHarbors.com

Rockland, ME - Oct 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:29	10.5	1:44	11.1	7:38	0.1	8:09	-0.5	6:34	6:16	
2	Thu	2:15	10.4	2:30	11.1	8:24	0.3	8:59	-0.5	6:36	6:14	
3	Fri	3:06	10.2	3:23	11.0	9:15	0.5	9:55	-0.4	6:37	6:13	
4	Sat	4:05	10.0	4:22	10.9	10:13	0.7	10:56	-0.3	6:38	6:11	
5	Sun	5:11	9.9	5:29	10.8	11:16	0.8			6:39	6:09	
6	Mon	6:23	9.9	6:42	10.8	12:02	-0.2	12:24	0.7	6:40	6:07	
7	Tue	7:32	10.2	7:52	11.0	1:08	-0.4	1:32	0.4	6:42	6:05	
8	Wed	8:34	10.6	8:56	11.3	2:11	-0.6	2:36	0.0	6:43	6:04	
9	Thu	9:31	11.1	9:54	11.5	3:10	-0.8	3:35	-0.5	6:44	6:02	
10	Fri	10:23	11.5	10:47	11.6	4:04	-0.9	4:29	-0.8	6:45	6:00	
11	Sat	11:12	11.7	11:37	11.5	4:54	-0.9	5:20	-1.0	6:47	5:58	
12	Sun	11:58	11.7			5:41	-0.8	6:08	-1.0	6:48	5:57	
13	Mon	12:25	11.2	12:42	11.5	6:25	-0.4	6:54	-0.9	6:49	5:55	
14	Tue	1:11	10.8	1:24	11.2	7:09	0.0	7:38	-0.6	6:50	5:53	
15	Wed	1:56	10.4	2:06	10.8	7:51	0.5	8:22	-0.2	6:51	5:52	
16	Thu	2:42	9.9	2:48	10.3	8:35	1.0	9:08	0.3	6:53	5:50	
17	Fri	3:28	9.4	3:32	9.9	9:20	1.4	9:56	0.7	6:54	5:48	
18	Sat	4:18	9.0	4:21	9.5	10:09	1.8	10:47	1.0	6:55	5:47	
19	Sun	5:12	8.8	5:16	9.3	11:02	2.0	11:41	1.2	6:57	5:45	
20	Mon	6:09	8.7	6:16	9.2	11:59	2.1			6:58	5:43	
21	Tue	7:04	8.8	7:14	9.2	12:36	1.3	12:56	2.0	6:59	5:42	
22	Wed	7:55	9.0	8:08	9.4	1:29	1.2	1:51	1.7	7:00	5:40	
23	Thu	8:42	9.4	8:57	9.6	2:18	1.0	2:41	1.3	7:02	5:39	
24	Fri	9:24	9.8	9:41	9.9	3:04	0.8	3:27	0.8	7:03	5:37	
25	Sat	10:02	10.2	10:22	10.2	3:46	0.5	4:10	0.3	7:04	5:36	
26	Sun	10:39	10.7	11:02	10.4	4:27	0.3	4:52	-0.1	7:06	5:34	
27	Mon	11:15	11.1	11:43	10.6	5:07	0.1	5:34	-0.6	7:07	5:33	
28	Tue	11:54	11.4			5:47	0.0	6:18	-0.9	7:08	5:31	
29	Wed	12:26	10.7	12:37	11.6	6:30	-0.1	7:03	-1.1	7:09	5:30	
30	Thu	1:12	10.7	1:22	11.7	7:16	0.0	7:52	-1.1	7:11	5:28	
31	Fri	2:01	10.6	2:13	11.7	8:05	0.1	8:44	-1.1	7:12	5:27	