US HARBORS www.USHarbors.com

Rockland, ME - Nov 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:56	10.4	3:08	11.5	9:00	0.3	9:41	-0.9	7:13	5:26	
2	Sun	2:57	10.3	3:10	11.2	9:00	0.5	9:42	-0.7	6:15	4:24	
3	Mon	4:04	10.2	4:19	10.9	10:05	0.6	10:47	-0.5	6:16	4:23	
4	Tue	5:12	10.3	5:32	10.8	11:14	0.5	11:51	-0.4	6:17	4:22	
5	Wed	6:18	10.6	6:40	10.8			12:21	0.3	6:19	4:20	
6	Thu	7:18	10.9	7:43	10.9	12:53	-0.4	1:25	-0.1	6:20	4:19	
7	Fri	8:13	11.2	8:40	10.9	1:51	-0.5	2:23	-0.4	6:21	4:18	
8	Sat	9:04	11.5	9:32	10.9	2:44	-0.4	3:16	-0.7	6:23	4:17	
9	Sun	9:52	11.6	10:21	10.8	3:33	-0.3	4:05	-0.8	6:24	4:15	
10	Mon	10:37	11.5	11:08	10.5	4:19	-0.1	4:51	-0.8	6:25	4:14	
11	Tue	11:19	11.3	11:52	10.2	5:02	0.2	5:34	-0.6	6:27	4:13	
12	Wed	11:58	11.0			5:43	0.6	6:15	-0.3	6:28	4:12	
13	Thu	12:34	9.9	12:36	10.6	6:23	0.9	6:56	0.0	6:29	4:11	
14	Fri	1:15	9.5	1:13	10.2	7:03	1.3	7:37	0.3	6:31	4:10	
15	Sat	1:56	9.2	1:51	9.9	7:45	1.6	8:20	0.6	6:32	4:09	
16	Sun	2:39	9.0	2:34	9.6	8:30	1.9	9:05	0.9	6:33	4:08	
17	Mon	3:26	8.8	3:22	9.3	9:19	2.1	9:54	1.1	6:35	4:07	
18	Tue	4:17	8.8	4:16	9.1	10:13	2.1	10:45	1.2	6:36	4:07	
19	Wed	5:10	8.9	5:14	9.1	11:09	2.0	11:37	1.2	6:37	4:06	
20	Thu	6:01	9.1	6:12	9.2			12:05	1.7	6:38	4:05	
21	Fri	6:50	9.5	7:07	9.4	12:28	1.1	12:58	1.3	6:40	4:04	
22	Sat	7:35	10.0	7:58	9.6	1:16	0.9	1:48	0.7	6:41	4:03	
23	Sun	8:18	10.5	8:46	10.0	2:03	0.6	2:36	0.2	6:42	4:03	
24	Mon	9:01	11.0	9:33	10.3	2:48	0.3	3:23	-0.4	6:43	4:02	
25	Tue	9:44	11.6	10:19	10.6	3:34	0.1	4:10	-1.0	6:45	4:02	
26	Wed	10:29	12.0	11:07	10.8	4:20	-0.1	4:57	-1.4	6:46	4:01	
27	Thu	11:17	12.2	11:57	10.9	5:07	-0.3	5:46	-1.6	6:47	4:00	
28	Fri			12:06	12.3	5:57	-0.3	6:37	-1.7	6:48	4:00	
29	Sat	12:50	10.9	1:00	12.2	6:50	-0.2	7:31	-1.6	6:49	4:00	
30	Sun	1:46	10.8	1:57	11.8	7:46	-0.1	8:27	-1.3	6:50	3:59	