






























Rockland, ME - Feb 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:03	10.5	6:38	9.5			12:20	0.5	6:53	4:46	
2	Mon	7:01	10.4	7:36	9.3	12:36	1.0	1:20	0.5	6:52	4:48	
3	Tue	7:55	10.4	8:30	9.3	1:32	1.2	2:15	0.5	6:50	4:49	
4	Wed	8:45	10.4	9:19	9.3	2:24	1.3	3:04	0.4	6:49	4:50	
5	Thu	9:31	10.5	10:04	9.4	3:12	1.2	3:49	0.3	6:48	4:52	
6	Fri	10:13	10.5	10:44	9.5	3:54	1.2	4:29	0.3	6:47	4:53	
7	Sat	10:51	10.5	11:22	9.5	4:33	1.1	5:05	0.2	6:45	4:54	
8	Sun	11:25	10.4	11:55	9.6	5:10	1.1	5:40	0.2	6:44	4:56	
9	Mon	11:55	10.3			5:45	1.0	6:13	0.3	6:43	4:57	
10	Tue	12:24	9.6	12:25	10.2	6:20	1.0	6:46	0.4	6:41	4:59	
11	Wed	12:52	9.7	12:59	10.1	6:57	1.0	7:21	0.5	6:40	5:00	
12	Thu	1:25	9.7	1:37	10.0	7:36	1.0	7:58	0.6	6:39	5:01	
13	Fri	2:03	9.8	2:21	9.8	8:20	0.9	8:40	0.8	6:37	5:03	
14	Sat	2:47	9.9	3:10	9.6	9:09	0.9	9:27	0.9	6:36	5:04	
15	Sun	3:36	10.0	4:06	9.4	10:03	0.8	10:21	1.0	6:34	5:06	
16	Mon	4:32	10.2	5:08	9.3	11:04	0.6	11:20	1.0	6:33	5:07	
17	Tue	5:33	10.5	6:17	9.5			12:08	0.3	6:31	5:08	
18	Wed	6:38	10.9	7:26	9.8	12:23	0.8	1:12	-0.2	6:30	5:10	
19	Thu	7:43	11.4	8:29	10.3	1:26	0.5	2:13	-0.7	6:28	5:11	
20	Fri	8:45	11.9	9:27	10.9	2:27	0.0	3:11	-1.3	6:27	5:12	
21	Sat	9:43	12.3	10:21	11.4	3:25	-0.5	4:05	-1.7	6:25	5:14	
22	Sun	10:38	12.6	11:13	11.7	4:21	-1.0	4:57	-1.9	6:23	5:15	
23	Mon	11:31	12.6			5:14	-1.3	5:47	-1.9	6:22	5:16	
24	Tue	12:03	11.9	12:23	12.4	6:07	-1.4	6:37	-1.7	6:20	5:18	
25	Wed	12:54	11.9	1:16	11.9	7:00	-1.2	7:26	-1.2	6:19	5:19	
26	Thu	1:44	11.7	2:10	11.3	7:53	-0.9	8:17	-0.6	6:17	5:20	
27	Fri	2:36	11.3	3:06	10.6	8:48	-0.4	9:09	0.0	6:15	5:22	
28	Sat	3:31	10.9	4:05	9.9	9:45	0.0	10:04	0.7	6:14	5:23	