US HARBORS www.USHarbors.com

Rockland, ME - May 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:58	9.2	7:40	9.0	12:40	2.0	1:12	1.2	5:26	7:40	
2	Sat	7:53	9.3	8:28	9.3	1:35	1.8	2:03	1.1	5:25	7:41	
3	Sun	8:44	9.4	9:13	9.6	2:27	1.5	2:50	1.0	5:24	7:42	
4	Mon	9:30	9.6	9:53	9.9	3:15	1.1	3:33	0.8	5:22	7:43	
5	Tue	10:13	9.8	10:29	10.3	3:59	0.7	4:14	0.7	5:21	7:44	
6	Wed	10:53	10.0	11:04	10.6	4:41	0.3	4:53	0.5	5:20	7:45	
7	Thu	11:32	10.1	11:40	11.0	5:22	-0.1	5:33	0.4	5:18	7:47	
8	Fri			12:12	10.2	6:03	-0.5	6:13	0.4	5:17	7:48	
9	Sat	12:19	11.2	12:54	10.3	6:46	-0.7	6:56	0.3	5:16	7:49	
10	Sun	1:02	11.4	1:40	10.3	7:31	-0.9	7:42	0.4	5:15	7:50	
11	Mon	1:48	11.5	2:30	10.3	8:20	-0.9	8:33	0.5	5:13	7:51	
12	Tue	2:39	11.4	3:26	10.2	9:13	-0.9	9:28	0.6	5:12	7:52	
13	Wed	3:36	11.2	4:27	10.2	10:10	-0.7	10:30	0.6	5:11	7:54	
14	Thu	4:39	11.0	5:33	10.2	11:11	-0.6	11:35	0.6	5:10	7:55	
15	Fri	5:48	10.8	6:39	10.5			12:13	-0.5	5:09	7:56	
16	Sat	6:59	10.7	7:42	10.8	12:42	0.4	1:16	-0.5	5:08	7:57	
17	Sun	8:05	10.8	8:40	11.2	1:48	0.1	2:16	-0.5	5:07	7:58	
18	Mon	9:07	10.8	9:35	11.5	2:50	-0.3	3:12	-0.5	5:06	7:59	
19	Tue	10:04	10.9	10:26	11.7	3:47	-0.7	4:05	-0.4	5:05	8:00	
20	Wed	10:56	10.8	11:14	11.7	4:40	-0.9	4:54	-0.3	5:04	8:01	
21	Thu	11:46	10.7	11:59	11.6	5:29	-1.0	5:41	0.0	5:03	8:02	
22	Fri			12:34	10.4	6:16	-0.9	6:26	0.3	5:02	8:03	
23	Sat	12:43	11.3	1:19	10.1	7:01	-0.7	7:09	0.7	5:01	8:04	
24	Sun	1:24	11.0	2:04	9.8	7:44	-0.4	7:52	1.1	5:01	8:05	
25	Mon	2:05	10.6	2:48	9.5	8:27	0.0	8:35	1.4	5:00	8:06	
26	Tue	2:45	10.2	3:32	9.2	9:10	0.3	9:20	1.7	4:59	8:07	
27	Wed	3:28	9.8	4:18	9.0	9:55	0.6	10:08	1.9	4:58	8:08	
28	Thu	4:14	9.5	5:07	8.9	10:42	0.9	10:59	2.0	4:58	8:09	
29	Fri	5:05	9.3	5:57	8.9	11:31	1.1	11:53	2.0	4:57	8:10	
30	Sat	6:01	9.1	6:47	9.1			12:21	1.2	4:56	8:11	
31	Sun	6:57	9.1	7:36	9.4	12:48	1.8	1:11	1.2	4:56	8:12	