US HARBORS www.USHarbors.com

Rockland, ME - Jun 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:52	9.1	8:21	9.7	1:42	1.5	2:00	1.1	4:55	8:12	
2	Tue	8:43	9.3	9:04	10.1	2:33	1.1	2:46	1.0	4:55	8:13	
3	Wed	9:31	9.5	9:45	10.6	3:21	0.6	3:31	0.8	4:54	8:14	
4	Thu	10:17	9.8	10:27	11.0	4:07	0.1	4:16	0.6	4:54	8:15	
5	Fri	11:03	10.1	11:10	11.4	4:53	-0.4	5:01	0.4	4:54	8:15	
6	Sat	11:49	10.3	11:55	11.7	5:38	-0.9	5:47	0.2	4:53	8:16	
7	Sun			12:36	10.5	6:26	-1.2	6:35	0.1	4:53	8:17	
8	Mon	12:43	11.9	1:26	10.6	7:14	-1.4	7:25	0.0	4:53	8:17	
9	Tue	1:34	12.0	2:19	10.7	8:05	-1.4	8:19	0.0	4:53	8:18	
10	Wed	2:28	11.9	3:16	10.7	8:59	-1.3	9:16	0.1	4:52	8:19	
11	Thu	3:26	11.6	4:16	10.7	9:55	-1.1	10:18	0.2	4:52	8:19	
12	Fri	4:29	11.2	5:19	10.8	10:54	-0.9	11:22	0.2	4:52	8:20	
13	Sat	5:37	10.9	6:22	10.9	11:55	-0.6			4:52	8:20	
14	Sun	6:45	10.6	7:23	11.1	12:29	0.1	12:55	-0.4	4:52	8:21	
15	Mon	7:50	10.5	8:21	11.3	1:33	0.0	1:55	-0.2	4:52	8:21	
16	Tue	8:51	10.4	9:15	11.4	2:35	-0.3	2:51	0.0	4:52	8:21	
17	Wed	9:47	10.3	10:06	11.4	3:32	-0.4	3:45	0.2	4:52	8:22	
18	Thu	10:40	10.2	10:54	11.4	4:25	-0.6	4:34	0.4	4:52	8:22	
19	Fri	11:29	10.1	11:39	11.2	5:13	-0.6	5:21	0.6	4:52	8:22	
20	Sat			12:15	9.9	5:58	-0.5	6:04	0.8	4:53	8:23	
21	Sun	12:21	11.0	12:59	9.7	6:40	-0.3	6:45	1.1	4:53	8:23	
22	Mon	1:01	10.7	1:40	9.5	7:21	-0.1	7:25	1.3	4:53	8:23	
23	Tue	1:38	10.4	2:19	9.3	8:00	0.1	8:05	1.5	4:53	8:23	
24	Wed	2:14	10.1	2:57	9.2	8:39	0.4	8:46	1.6	4:54	8:23	
25	Thu	2:51	9.9	3:36	9.1	9:19	0.6	9:30	1.8	4:54	8:23	
26	Fri	3:32	9.6	4:17	9.1	10:00	0.8	10:17	1.8	4:54	8:23	
27	Sat	4:17	9.4	5:00	9.1	10:45	1.0	11:08	1.8	4:55	8:23	
28	Sun	5:07	9.2	5:47	9.3	11:32	1.1			4:55	8:23	
29	Mon	6:01	9.0	6:37	9.5	12:01	1.7	12:20	1.2	4:56	8:23	
30	Tue	6:57	9.0	7:27	9.9	12:56	1.4	1:11	1.2	4:56	8:23	