US HARBORS www.USHarbors.com

Rockland, ME - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:17**	9.8	**9:31**	11.5	**3:06**	-0.2	**3:16**	0.4	5:24	8:00	
2	Sun	**10:14**	10.3	**10:26**	12.0	**4:01**	-0.8	**4:12**	0.0	5:26	7:59	
3	Mon	**11:08**	10.8	**11:20**	12.4	**4:54**	-1.4	**5:06**	-0.5	5:27	7:58	
4	Tue			**12:00**	11.2	**5:46**	-1.8	**6:00**	-0.8	5:28	7:56	
5	Wed	**12:14**	12.6	**12:52**	11.5	**6:38**	-2.0	**6:54**	-1.0	5:29	7:55	
6	Thu	**1:08**	12.6	**1:45**	11.7	**7:29**	-1.9	**7:49**	-1.1	5:30	7:54	
7	Fri	**2:03**	12.3	**2:39**	11.7	**8:21**	-1.7	**8:45**	-1.0	5:31	7:52	
8	Sat	**3:00**	11.8	**3:34**	11.6	**9:15**	-1.3	**9:43**	-0.7	5:32	7:51	
9	Sun	**4:00**	11.2	**4:32**	11.3	**10:10**	-0.7	**10:44**	-0.4	5:33	7:49	
10	Mon	**5:02**	10.6	**5:33**	11.1	**11:08**	-0.1	**11:48**	-0.1	5:35	7:48	
11	Tue	**6:07**	10.1	**6:34**	10.9			**12:08**	0.4	5:36	7:47	
12	Wed	**7:10**	9.8	**7:34**	10.7	**12:52**	0.1	**1:09**	0.7	5:37	7:45	
13	Thu	**8:11**	9.6	**8:31**	10.6	**1:54**	0.2	**2:08**	1.0	5:38	7:44	
14	Fri	**9:07**	9.5	**9:23**	10.6	**2:51**	0.2	**3:03**	1.1	5:39	7:42	
15	Sat	**9:58**	9.5	**10:12**	10.6	**3:44**	0.2	**3:53**	1.1	5:40	7:41	
16	Sun	**10:45**	9.6	**10:56**	10.6	**4:30**	0.2	**4:38**	1.0	5:41	7:39	
17	Mon	**11:28**	9.6	**11:37**	10.5	**5:13**	0.2	**5:19**	1.0	5:43	7:37	
18	Tue			**12:07**	9.6	**5:51**	0.2	**5:57**	1.0	5:44	7:36	
19	Wed	**12:14**	10.4	**12:42**	9.6	**6:26**	0.3	**6:33**	1.0	5:45	7:34	
20	Thu	**12:47**	10.3	**1:13**	9.6	**7:00**	0.4	**7:08**	1.0	5:46	7:33	
21	Fri	**1:17**	10.1	**1:42**	9.6	**7:33**	0.5	**7:44**	1.0	5:47	7:31	
22	Sat	**1:48**	10.0	**2:11**	9.6	**8:07**	0.6	**8:22**	1.0	5:48	7:29	
23	Sun	**2:24**	9.8	**2:47**	9.7	**8:43**	0.8	**9:04**	1.0	5:49	7:28	
24	Mon	**3:04**	9.6	**3:28**	9.7	**9:22**	1.0	**9:50**	1.0	5:51	7:26	
25	Tue	**3:51**	9.4	**4:14**	9.8	**10:07**	1.2	**10:41**	1.0	5:52	7:24	
26	Wed	**4:43**	9.2	**5:06**	9.9	**10:57**	1.3	**11:38**	0.9	5:53	7:23	
27	Thu	**5:41**	9.1	**6:04**	10.2	**11:54**	1.3			5:54	7:21	
28	Fri	**6:46**	9.2	**7:07**	10.5	**12:39**	0.6	**12:54**	1.1	5:55	7:19	
29	Sat	**7:53**	9.5	**8:11**	11.0	**1:42**	0.2	**1:56**	0.8	5:56	7:17	
30	Sun	**8:56**	10.0	**9:12**	11.5	**2:42**	-0.4	**2:56**	0.3	5:57	7:16	
31	Mon	**9:54**	10.6	**10:11**	12.0	**3:39**	-0.9	**3:54**	-0.3	5:59	7:14	