

































## Rockland, ME - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:17	9.8	9:31	11.5	3:06	-0.2	3:16	0.4	5:24	8:00	
2	Sun	10:14	10.3	10:26	12.0	4:01	-0.8	4:12	0.0	5:26	7:59	
3	Mon	11:08	10.8	11:20	12.4	4:54	-1.4	5:06	-0.5	5:27	7:58	
4	Tue			12:00	11.2	5:46	-1.8	6:00	-0.8	5:28	7:56	
5	Wed	12:14	12.6	12:52	11.5	6:38	-2.0	6:54	-1.0	5:29	7:55	
6	Thu	1:08	12.6	1:45	11.7	7:29	-1.9	7:49	-1.1	5:30	7:54	
7	Fri	2:03	12.3	2:39	11.7	8:21	-1.7	8:45	-1.0	5:31	7:52	
8	Sat	3:00	11.8	3:34	11.6	9:15	-1.3	9:43	-0.7	5:32	7:51	
9	Sun	4:00	11.2	4:32	11.3	10:10	-0.7	10:44	-0.4	5:33	7:49	
10	Mon	5:02	10.6	5:33	11.1	11:08	-0.1	11:48	-0.1	5:35	7:48	
11	Tue	6:07	10.1	6:34	10.9			12:08	0.4	5:36	7:47	
12	Wed	7:10	9.8	7:34	10.7	12:52	0.1	1:09	0.7	5:37	7:45	
13	Thu	8:11	9.6	8:31	10.6	1:54	0.2	2:08	1.0	5:38	7:44	
14	Fri	9:07	9.5	9:23	10.6	2:51	0.2	3:03	1.1	5:39	7:42	
15	Sat	9:58	9.5	10:12	10.6	3:44	0.2	3:53	1.1	5:40	7:41	
16	Sun	10:45	9.6	10:56	10.6	4:30	0.2	4:38	1.0	5:41	7:39	
17	Mon	11:28	9.6	11:37	10.5	5:13	0.2	5:19	1.0	5:43	7:37	
18	Tue			12:07	9.6	5:51	0.2	5:57	1.0	5:44	7:36	
19	Wed	12:14	10.4	12:42	9.6	6:26	0.3	6:33	1.0	5:45	7:34	
20	Thu	12:47	10.3	1:13	9.6	7:00	0.4	7:08	1.0	5:46	7:33	
21	Fri	1:17	10.1	1:42	9.6	7:33	0.5	7:44	1.0	5:47	7:31	
22	Sat	1:48	10.0	2:11	9.6	8:07	0.6	8:22	1.0	5:48	7:29	
23	Sun	2:24	9.8	2:47	9.7	8:43	0.8	9:04	1.0	5:49	7:28	
24	Mon	3:04	9.6	3:28	9.7	9:22	1.0	9:50	1.0	5:51	7:26	
25	Tue	3:51	9.4	4:14	9.8	10:07	1.2	10:41	1.0	5:52	7:24	
26	Wed	4:43	9.2	5:06	9.9	10:57	1.3	11:38	0.9	5:53	7:23	
27	Thu	5:41	9.1	6:04	10.2	11:54	1.3			5:54	7:21	
28	Fri	6:46	9.2	7:07	10.5	12:39	0.6	12:54	1.1	5:55	7:19	
29	Sat	7:53	9.5	8:11	11.0	1:42	0.2	1:56	0.8	5:56	7:17	
30	Sun	8:56	10.0	9:12	11.5	2:42	-0.4	2:56	0.3	5:57	7:16	
31	Mon	9:54	10.6	10:11	12.0	3:39	-0.9	3:54	-0.3	5:59	7:14	