US HARBORS www.USHarbors.com

Rockland, ME - Oct 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:21	12.0	11:46	12.2	5:05	-1.5	5:30	-1.5	6:34	6:17	
2	Fri			12:11	12.3	5:55	-1.5	6:22	-1.7	6:35	6:15	
3	Sat	12:39	12.0	1:00	12.2	6:44	-1.3	7:13	-1.6	6:37	6:13	
4	Sun	1:31	11.7	1:49	12.0	7:33	-0.9	8:05	-1.3	6:38	6:11	
5	Mon	2:23	11.1	2:40	11.6	8:23	-0.3	8:58	-0.9	6:39	6:09	
6	Tue	3:18	10.5	3:33	11.0	9:15	0.3	9:52	-0.3	6:40	6:08	
7	Wed	4:15	10.0	4:29	10.5	10:10	0.9	10:50	0.2	6:41	6:06	
8	Thu	5:14	9.5	5:29	10.0	11:08	1.4	11:49	0.6	6:43	6:04	
9	Fri	6:14	9.2	6:30	9.8			12:08	1.6	6:44	6:02	
10	Sat	7:13	9.1	7:28	9.7	12:48	0.8	1:08	1.7	6:45	6:01	
11	Sun	8:07	9.2	8:23	9.7	1:45	0.9	2:05	1.6	6:46	5:59	
12	Mon	8:56	9.4	9:12	9.8	2:36	0.8	2:55	1.4	6:47	5:57	
13	Tue	9:41	9.6	9:57	9.9	3:22	0.7	3:41	1.1	6:49	5:55	
14	Wed	10:22	9.9	10:39	10.0	4:03	0.6	4:22	0.8	6:50	5:54	
15	Thu	10:58	10.1	11:16	10.0	4:41	0.6	5:01	0.5	6:51	5:52	
16	Fri	11:31	10.2	11:51	10.0	5:17	0.6	5:38	0.3	6:52	5:50	
17	Sat			12:00	10.4	5:51	0.6	6:14	0.2	6:54	5:49	
18	Sun	12:23	10.0	12:30	10.5	6:26	0.6	6:51	0.0	6:55	5:47	
19	Mon	12:57	10.0	1:04	10.6	7:02	0.7	7:30	0.0	6:56	5:45	
20	Tue	1:35	9.9	1:44	10.6	7:40	0.8	8:13	-0.1	6:57	5:44	
21	Wed	2:18	9.8	2:28	10.6	8:24	1.0	9:00	0.0	6:59	5:42	
22	Thu	3:07	9.7	3:19	10.6	9:13	1.1	9:53	0.0	7:00	5:41	
23	Fri	4:02	9.6	4:16	10.5	10:09	1.2	10:52	0.0	7:01	5:39	
24	Sat	5:05	9.6	5:19	10.5	11:12	1.1	11:55	0.0	7:03	5:37	
25	Sun	6:13	9.8	6:29	10.6			12:18	0.9	7:04	5:36	
26	Mon	7:21	10.2	7:40	10.8	12:59	-0.2	1:25	0.5	7:05	5:34	
27	Tue	8:23	10.8	8:45	11.1	2:00	-0.5	2:29	-0.1	7:07	5:33	
28	Wed	9:20	11.3	9:45	11.4	2:59	-0.8	3:28	-0.7	7:08	5:31	
29	Thu	10:13	11.8	10:40	11.6	3:53	-1.0	4:23	-1.2	7:09	5:30	
30	Fri	11:03	12.2	11:33	11.6	4:45	-1.1	5:16	-1.5	7:10	5:29	
31	Sat	11:51	12.3			5:34	-0.9	6:07	-1.6	7:12	5:27	