US HARBORS www.USHarbors.com

Rockland, ME - Dec 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:04	11.5	5:48	0.3	6:25	-0.8	6:51	3:59	
2	Wed	12:44	10.2	12:48	11.0	6:33	0.7	7:09	-0.5	6:52	3:59	
3	Thu	1:30	9.8	1:31	10.6	7:18	1.1	7:54	0.0	6:53	3:58	
4	Fri	2:16	9.5	2:15	10.1	8:04	1.4	8:40	0.4	6:54	3:58	
5	Sat	3:04	9.2	3:03	9.7	8:53	1.7	9:27	0.7	6:55	3:58	
6	Sun	3:53	9.0	3:54	9.3	9:44	1.9	10:16	1.0	6:56	3:58	
7	Mon	4:44	9.0	4:50	9.1	10:39	2.0	11:06	1.2	6:57	3:58	
8	Tue	5:36	9.1	5:47	9.0	11:35	1.9	11:57	1.3	6:58	3:57	
9	Wed	6:25	9.3	6:42	9.0			12:29	1.6	6:59	3:57	
10	Thu	7:12	9.6	7:34	9.1	12:46	1.2	1:21	1.3	7:00	3:57	
11	Fri	7:55	9.9	8:22	9.3	1:33	1.2	2:09	0.8	7:01	3:58	
12	Sat	8:36	10.3	9:07	9.5	2:18	1.0	2:55	0.4	7:02	3:58	
13	Sun	9:15	10.7	9:50	9.7	3:01	0.9	3:38	-0.1	7:03	3:58	
14	Mon	9:55	11.1	10:32	10.0	3:44	0.7	4:22	-0.5	7:03	3:58	
15	Tue	10:36	11.4	11:15	10.2	4:27	0.5	5:05	-0.8	7:04	3:58	
16	Wed	11:20	11.7			5:12	0.3	5:51	-1.1	7:05	3:58	
17	Thu	12:01	10.4	12:06	11.8	5:59	0.2	6:38	-1.2	7:05	3:59	
18	Fri	12:49	10.5	12:56	11.7	6:49	0.2	7:28	-1.2	7:06	3:59	
19	Sat	1:41	10.5	1:51	11.6	7:43	0.2	8:21	-1.1	7:07	4:00	
20	Sun	2:37	10.6	2:50	11.2	8:41	0.2	9:18	-0.8	7:07	4:00	
21	Mon	3:38	10.7	3:54	10.9	9:44	0.3	10:17	-0.6	7:08	4:00	
22	Tue	4:41	10.8	5:04	10.6	10:50	0.2	11:18	-0.4	7:08	4:01	
23	Wed	5:45	11.0	6:13	10.4	11:57	0.0			7:09	4:02	
24	Thu	6:47	11.2	7:19	10.3	12:20	-0.2	1:02	-0.2	7:09	4:02	
25	Fri	7:45	11.4	8:19	10.3	1:19	0.0	2:02	-0.5	7:09	4:03	
26	Sat	8:39	11.6	9:15	10.3	2:16	0.0	2:58	-0.7	7:10	4:03	
27	Sun	9:30	11.7	10:06	10.3	3:09	0.1	3:50	-0.8	7:10	4:04	
28	Mon	10:18	11.6	10:55	10.2	3:59	0.3	4:38	-0.8	7:10	4:05	
29	Tue	11:03	11.4	11:40	10.1	4:45	0.5	5:23	-0.7	7:10	4:06	
30	Wed	11:45	11.1			5:29	0.7	6:05	-0.5	7:11	4:06	
31	Thu	12:23	9.9	12:25	10.8	6:10	0.9	6:45	-0.2	7:11	4:07	