US HARBORS www.USHarbors.com

Rockland, ME - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:34	9.7	12:42	10.0	6:34	0.9	6:56	0.7	6:12	5:24	
2	Tue	1:02	9.7	1:14	9.8	7:11	0.9	7:30	0.9	6:11	5:25	
3	Wed	1:33	9.7	1:51	9.5	7:49	1.0	8:07	1.1	6:09	5:27	
4	Thu	2:10	9.7	2:33	9.3	8:32	1.0	8:48	1.3	6:07	5:28	
5	Fri	2:53	9.7	3:22	9.0	9:20	1.1	9:35	1.5	6:05	5:29	
6	Sat	3:42	9.7	4:17	8.9	10:14	1.1	10:28	1.6	6:04	5:30	
7	Sun	4:37	9.8	5:19	8.9	11:13	0.9	11:27	1.6	6:02	5:32	
8	Mon	5:38	10.0	6:25	9.1			12:15	0.6	6:00	5:33	
9	Tue	6:42	10.4	7:30	9.6	12:29	1.3	1:16	0.1	5:58	5:34	
10	Wed	7:45	11.0	8:29	10.2	1:31	0.8	2:14	-0.4	5:57	5:36	
11	Thu	8:44	11.6	9:23	10.8	2:29	0.2	3:09	-1.0	5:55	5:37	
12	Fri	9:40	12.1	10:15	11.4	3:25	-0.5	4:01	-1.5	5:53	5:38	
13	Sat	10:34	12.4	11:05	11.9	4:19	-1.1	4:51	-1.8	5:51	5:39	
14	Sun			12:26	12.5	6:11	-1.5	6:40	-1.8	6:49	6:41	
15	Mon	12:55	12.2	1:19	12.3	7:04	-1.7	7:30	-1.6	6:48	6:42	
16	Tue	1:45	12.2	2:13	11.9	7:57	-1.6	8:21	-1.2	6:46	6:43	
17	Wed	2:37	12.1	3:09	11.3	8:52	-1.4	9:14	-0.6	6:44	6:44	
18	Thu	3:31	11.7	4:08	10.7	9:49	-0.9	10:09	0.0	6:42	6:46	
19	Fri	4:30	11.2	5:11	10.1	10:50	-0.4	11:09	0.6	6:40	6:47	
20	Sat	5:32	10.8	6:16	9.7	11:53	0.0			6:38	6:48	
21	Sun	6:36	10.4	7:19	9.4	12:12	1.1	12:57	0.3	6:37	6:49	
22	Mon	7:38	10.2	8:18	9.4	1:16	1.3	1:59	0.5	6:35	6:51	
23	Tue	8:36	10.2	9:12	9.5	2:17	1.3	2:55	0.5	6:33	6:52	
24	Wed	9:28	10.2	10:01	9.6	3:11	1.2	3:45	0.5	6:31	6:53	
25	Thu	10:16	10.2	10:44	9.8	4:00	1.1	4:29	0.4	6:29	6:54	
26	Fri	10:59	10.3	11:24	9.9	4:43	0.9	5:09	0.4	6:28	6:56	
27	Sat	11:39	10.2			5:22	0.8	5:44	0.5	6:26	6:57	
28	Sun	12:00	9.9	12:14	10.1	5:59	0.6	6:18	0.6	6:24	6:58	
29	Mon	12:31	10.0	12:46	10.0	6:33	0.6	6:50	0.7	6:22	6:59	
30	Tue	12:58	10.0	1:16	9.9	7:08	0.5	7:22	0.8	6:20	7:00	
31	Wed	1:26	10.0	1:48	9.7	7:43	0.5	7:56	1.0	6:18	7:02	