US HARBORS www.USHarbors.com

Rockland, ME - May 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:09	10.5	2:48	9.5	8:41	0.1	8:51	1.3	5:27	7:39	
2	Sun	2:55	10.4	3:38	9.4	9:30	0.1	9:42	1.4	5:25	7:40	
3	Mon	3:47	10.4	4:34	9.4	10:23	0.1	10:40	1.4	5:24	7:42	
4	Tue	4:45	10.4	5:36	9.6	11:22	0.1	11:43	1.2	5:23	7:43	
5	Wed	5:49	10.4	6:42	9.9			12:23	-0.1	5:21	7:44	
6	Thu	6:58	10.6	7:46	10.4	12:48	0.8	1:25	-0.3	5:20	7:45	
7	Fri	8:06	10.8	8:45	11.0	1:53	0.3	2:24	-0.6	5:19	7:46	
8	Sat	9:09	11.1	9:40	11.6	2:54	-0.3	3:20	-0.8	5:17	7:48	
9	Sun	10:08	11.4	10:33	12.1	3:52	-1.0	4:14	-0.9	5:16	7:49	
10	Mon	11:04	11.5	11:23	12.3	4:47	-1.4	5:06	-1.0	5:15	7:50	
11	Tue	11:58	11.4			5:40	-1.7	5:56	-0.8	5:14	7:51	
12	Wed	12:13	12.4	12:50	11.2	6:32	-1.8	6:46	-0.5	5:13	7:52	
13	Thu	1:02	12.2	1:42	10.9	7:23	-1.6	7:36	-0.1	5:11	7:53	
14	Fri	1:51	11.8	2:34	10.5	8:14	-1.2	8:26	0.4	5:10	7:54	
15	Sat	2:42	11.3	3:27	10.0	9:05	-0.7	9:19	0.9	5:09	7:56	
16	Sun	3:34	10.7	4:22	9.6	9:58	-0.2	10:13	1.3	5:08	7:57	
17	Mon	4:30	10.2	5:18	9.4	10:52	0.3	11:10	1.6	5:07	7:58	
18	Tue	5:27	9.8	6:14	9.2	11:46	0.6			5:06	7:59	
19	Wed	6:26	9.5	7:08	9.3	12:08	1.8	12:41	0.9	5:05	8:00	
20	Thu	7:22	9.3	7:58	9.4	1:06	1.7	1:33	1.0	5:04	8:01	
21	Fri	8:16	9.3	8:45	9.6	2:00	1.5	2:21	1.1	5:03	8:02	
22	Sat	9:05	9.3	9:29	9.8	2:50	1.3	3:06	1.1	5:02	8:03	
23	Sun	9:51	9.4	10:08	10.1	3:36	1.0	3:48	1.0	5:02	8:04	
24	Mon	10:34	9.5	10:44	10.3	4:18	0.6	4:28	1.0	5:01	8:05	
25	Tue	11:14	9.5	11:18	10.5	4:59	0.4	5:05	1.0	5:00	8:06	
26	Wed	11:51	9.6	11:51	10.6	5:38	0.1	5:43	1.0	4:59	8:07	
27	Thu			12:27	9.6	6:16	-0.1	6:21	1.0	4:59	8:08	
28	Fri	12:26	10.8	1:05	9.7	6:56	-0.2	7:01	1.0	4:58	8:09	
29	Sat	1:06	10.9	1:47	9.7	7:38	-0.4	7:45	1.0	4:57	8:10	
30	Sun	1:49	10.9	2:33	9.7	8:24	-0.4	8:33	1.0	4:57	8:11	
31	Mon	2:38	10.9	3:24	9.8	9:13	-0.4	9:26	1.0	4:56	8:11	