US HARBORS www.USHarbors.com

Rockland, ME - Aug 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:19	10.3	6:49	11.2	12:02	-0.2	12:23	0.0	5:24	8:00	
2	Mon	7:27	10.1	7:51	11.2	1:08	-0.2	1:25	0.3	5:25	7:59	
3	Tue	8:31	10.0	8:51	11.3	2:12	-0.3	2:26	0.5	5:26	7:58	
4	Wed	9:30	10.0	9:46	11.3	3:12	-0.4	3:24	0.5	5:28	7:57	
5	Thu	10:24	10.0	10:37	11.3	4:08	-0.5	4:17	0.5	5:29	7:55	
6	Fri	11:14	10.0	11:25	11.2	4:58	-0.5	5:06	0.6	5:30	7:54	
7	Sat			12:00	10.0	5:44	-0.4	5:51	0.7	5:31	7:53	
8	Sun	12:09	11.0	12:42	9.9	6:26	-0.3	6:33	0.8	5:32	7:51	
9	Mon	12:50	10.8	1:22	9.8	7:05	-0.1	7:12	0.9	5:33	7:50	
10	Tue	1:27	10.5	1:58	9.7	7:42	0.2	7:51	1.0	5:34	7:48	
11	Wed	2:03	10.2	2:33	9.5	8:18	0.5	8:30	1.2	5:35	7:47	
12	Thu	2:38	9.8	3:06	9.4	8:55	0.8	9:11	1.3	5:37	7:45	
13	Fri	3:15	9.5	3:42	9.4	9:33	1.1	9:56	1.4	5:38	7:44	
14	Sat	3:58	9.2	4:24	9.3	10:15	1.3	10:44	1.5	5:39	7:42	
15	Sun	4:46	8.9	5:11	9.3	11:01	1.6	11:37	1.5	5:40	7:41	
16	Mon	5:40	8.7	6:02	9.4	11:52	1.7			5:41	7:39	
17	Tue	6:39	8.6	6:58	9.6	12:34	1.4	12:46	1.7	5:42	7:38	
18	Wed	7:41	8.8	7:54	10.0	1:31	1.1	1:41	1.6	5:43	7:36	
19	Thu	8:39	9.1	8:49	10.5	2:26	0.7	2:35	1.3	5:45	7:35	
20	Fri	9:32	9.5	9:42	11.0	3:19	0.1	3:28	0.8	5:46	7:33	
21	Sat	10:22	10.0	10:32	11.5	4:10	-0.4	4:20	0.3	5:47	7:31	
22	Sun	11:11	10.6	11:23	12.0	4:59	-0.9	5:10	-0.2	5:48	7:30	
23	Mon	11:58	11.1			5:47	-1.3	6:01	-0.7	5:49	7:28	
24	Tue	12:13	12.2	12:46	11.5	6:35	-1.6	6:52	-1.0	5:50	7:26	
25	Wed	1:04	12.3	1:36	11.7	7:23	-1.6	7:45	-1.2	5:51	7:25	
26	Thu	1:57	12.0	2:27	11.8	8:13	-1.4	8:40	-1.1	5:53	7:23	
27	Fri	2:53	11.6	3:22	11.7	9:06	-1.0	9:38	-0.9	5:54	7:21	
28	Sat	3:53	11.1	4:21	11.5	10:02	-0.5	10:40	-0.6	5:55	7:19	
29	Sun	4:57	10.5	5:24	11.2	11:01	0.0	11:44	-0.4	5:56	7:18	
30	Mon	6:05	10.1	6:29	11.0			12:04	0.4	5:57	7:16	
31	Tue	7:12	9.9	7:33	10.9	12:51	-0.2	1:09	0.7	5:58	7:14	