

































## Rockland, ME - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:36	10.5	10:14	9.3	3:20	1.3	3:59	0.2	7:11	4:08	
2	Sun	10:12	10.7	10:53	9.5	4:01	1.2	4:39	-0.1	7:11	4:09	
3	Mon	10:50	10.9	11:31	9.6	4:41	1.0	5:20	-0.4	7:11	4:10	
4	Tue	11:29	11.1			5:22	0.9	6:01	-0.6	7:11	4:11	
5	Wed	12:10	9.8	12:11	11.3	6:05	0.7	6:44	-0.7	7:11	4:12	
6	Thu	12:53	10.0	12:57	11.3	6:51	0.6	7:29	-0.7	7:11	4:13	
7	Fri	1:39	10.2	1:47	11.2	7:41	0.5	8:17	-0.7	7:10	4:14	
8	Sat	2:29	10.3	2:41	10.9	8:36	0.5	9:09	-0.5	7:10	4:15	
9	Sun	3:24	10.5	3:41	10.6	9:35	0.4	10:05	-0.3	7:10	4:16	
10	Mon	4:24	10.7	4:48	10.3	10:39	0.3	11:04	-0.1	7:10	4:17	
11	Tue	5:26	10.9	5:58	10.1	11:45	0.1			7:09	4:18	
12	Wed	6:30	11.1	7:07	10.1	12:05	0.1	12:51	-0.2	7:09	4:19	
13	Thu	7:31	11.4	8:11	10.2	1:07	0.2	1:54	-0.6	7:08	4:21	
14	Fri	8:30	11.7	9:10	10.3	2:06	0.2	2:53	-0.9	7:08	4:22	
15	Sat	9:25	11.9	10:05	10.4	3:03	0.2	3:48	-1.1	7:07	4:23	
16	Sun	10:16	11.9	10:56	10.4	3:57	0.2	4:39	-1.2	7:07	4:24	
17	Mon	11:06	11.8	11:45	10.3	4:47	0.2	5:27	-1.1	7:06	4:25	
18	Tue	11:52	11.5			5:35	0.3	6:13	-0.8	7:06	4:27	
19	Wed	12:30	10.2	12:37	11.2	6:21	0.5	6:56	-0.5	7:05	4:28	
20	Thu	1:15	10.0	1:20	10.7	7:05	0.8	7:38	-0.1	7:04	4:29	
21	Fri	1:58	9.8	2:02	10.2	7:50	1.1	8:20	0.3	7:04	4:31	
22	Sat	2:40	9.5	2:46	9.7	8:36	1.3	9:02	0.8	7:03	4:32	
23	Sun	3:23	9.4	3:33	9.3	9:24	1.5	9:47	1.1	7:02	4:33	
24	Mon	4:09	9.3	4:25	8.9	10:15	1.7	10:34	1.5	7:01	4:35	
25	Tue	4:57	9.2	5:22	8.6	11:10	1.7	11:25	1.7	7:00	4:36	
26	Wed	5:48	9.3	6:21	8.5			12:06	1.6	6:59	4:37	
27	Thu	6:40	9.4	7:18	8.6	12:17	1.8	1:01	1.3	6:59	4:39	
28	Fri	7:30	9.7	8:11	8.7	1:09	1.8	1:54	1.0	6:58	4:40	
29	Sat	8:17	10.1	8:59	9.0	1:59	1.6	2:43	0.6	6:57	4:41	
30	Sun	9:02	10.5	9:43	9.3	2:46	1.4	3:28	0.1	6:55	4:43	
31	Mon	9:45	10.9	10:25	9.7	3:31	1.1	4:12	-0.3	6:54	4:44	