US HARBORS www.USHarbors.com

Rockland, ME - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:22**	12.6	**1:00**	11.6	**6:44**	-2.1	**7:00**	-0.9	5:26	7:40	
2	Tue	**1:13**	12.6	**1:55**	11.3	**7:38**	-2.0	**7:53**	-0.5	5:24	7:41	
3	Wed	**2:07**	12.3	**2:52**	10.9	**8:33**	-1.7	**8:48**	-0.1	5:23	7:43	
4	Thu	**3:03**	11.9	**3:53**	10.5	**9:30**	-1.3	**9:47**	0.4	5:22	7:44	
5	Fri	**4:04**	11.3	**4:55**	10.1	**10:30**	-0.7	**10:49**	0.9	5:20	7:45	
6	Sat	**5:09**	10.8	**5:58**	9.8	**11:32**	-0.3	**11:54**	1.1	5:19	7:46	
7	Sun	**6:14**	10.4	**6:59**	9.8			**12:34**	0.1	5:18	7:47	
8	Mon	**7:16**	10.1	**7:56**	9.8	**12:59**	1.2	**1:33**	0.3	5:16	7:48	
9	Tue	**8:14**	10.0	**8:48**	10.0	**1:59**	1.1	**2:27**	0.5	5:15	7:50	
10	Wed	**9:07**	9.9	**9:35**	10.1	**2:54**	1.0	**3:16**	0.6	5:14	7:51	
11	Thu	**9:56**	9.8	**10:18**	10.2	**3:43**	0.8	**4:00**	0.7	5:13	7:52	
12	Fri	**10:41**	9.8	**10:57**	10.3	**4:27**	0.6	**4:40**	0.8	5:12	7:53	
13	Sat	**11:23**	9.7	**11:33**	10.3	**5:07**	0.5	**5:17**	1.0	5:11	7:54	
14	Sun			**12:01**	9.6	**5:45**	0.4	**5:52**	1.1	5:09	7:55	
15	Mon	**12:05**	10.3	**12:37**	9.4	**6:21**	0.3	**6:26**	1.3	5:08	7:56	
16	Tue	**12:34**	10.2	**1:10**	9.3	**6:57**	0.3	**7:00**	1.5	5:07	7:57	
17	Wed	**1:04**	10.2	**1:43**	9.2	**7:33**	0.3	**7:37**	1.6	5:06	7:59	
18	Thu	**1:38**	10.1	**2:19**	9.1	**8:12**	0.4	**8:16**	1.7	5:05	8:00	
19	Fri	**2:18**	10.1	**3:01**	9.0	**8:53**	0.4	**9:00**	1.8	5:04	8:01	
20	Sat	**3:03**	10.0	**3:48**	9.0	**9:39**	0.5	**9:50**	1.8	5:03	8:02	
21	Sun	**3:53**	10.0	**4:41**	9.1	**10:30**	0.5	**10:45**	1.7	5:03	8:03	
22	Mon	**4:48**	10.0	**5:38**	9.4	**11:24**	0.4	**11:45**	1.4	5:02	8:04	
23	Tue	**5:49**	10.1	**6:37**	9.8			**12:21**	0.2	5:01	8:05	
24	Wed	**6:53**	10.2	**7:36**	10.4	**12:47**	1.0	**1:18**	0.0	5:00	8:06	
25	Thu	**7:57**	10.5	**8:32**	11.0	**1:49**	0.4	**2:14**	-0.3	4:59	8:07	
26	Fri	**9:00**	10.8	**9:27**	11.7	**2:49**	-0.3	**3:09**	-0.5	4:59	8:08	
27	Sat	**9:59**	11.0	**10:20**	12.2	**3:46**	-1.0	**4:03**	-0.7	4:58	8:09	
28	Sun	**10:56**	11.2	**11:12**	12.5	**4:42**	-1.6	**4:56**	-0.7	4:57	8:09	
29	Mon	**11:52**	11.3			**5:36**	-1.9	**5:49**	-0.7	4:57	8:10	
30	Tue	**12:04**	12.7	**12:47**	11.2	**6:29**	-2.0	**6:41**	-0.5	4:56	8:11	
31	Wed	**12:57**	12.5	**1:42**	11.0	**7:23**	-1.9	**7:35**	-0.2	4:56	8:12	