US HARBORS www.USHarbors.com

Rockland, ME - Jun 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:50	12.2	2:37	10.7	8:17	-1.6	8:30	0.2	4:55	8:13	
2	Fri	2:46	11.7	3:34	10.3	9:11	-1.1	9:26	0.6	4:55	8:14	
3	Sat	3:43	11.1	4:32	10.0	10:07	-0.6	10:25	1.0	4:54	8:14	
4	Sun	4:42	10.6	5:30	9.8	11:04	-0.1	11:26	1.2	4:54	8:15	
5	Mon	5:43	10.1	6:26	9.7			12:00	0.3	4:54	8:16	
6	Tue	6:42	9.7	7:20	9.8	12:27	1.3	12:54	0.6	4:53	8:16	
7	Wed	7:39	9.5	8:11	9.8	1:25	1.3	1:46	0.9	4:53	8:17	
8	Thu	8:33	9.4	8:58	10.0	2:19	1.2	2:35	1.0	4:53	8:18	
9	Fri	9:23	9.3	9:41	10.1	3:09	1.0	3:20	1.1	4:53	8:18	
10	Sat	10:09	9.3	10:22	10.2	3:55	0.7	4:02	1.2	4:52	8:19	
11	Sun	10:53	9.3	10:59	10.3	4:37	0.5	4:41	1.3	4:52	8:19	
12	Mon	11:33	9.2	11:33	10.3	5:17	0.4	5:19	1.4	4:52	8:20	
13	Tue			12:11	9.2	5:55	0.3	5:56	1.4	4:52	8:20	
14	Wed	12:06	10.4	12:46	9.2	6:32	0.2	6:33	1.4	4:52	8:21	
15	Thu	12:39	10.4	1:21	9.2	7:10	0.1	7:12	1.5	4:52	8:21	
16	Fri	1:15	10.5	1:58	9.3	7:49	0.1	7:53	1.5	4:52	8:22	
17	Sat	1:56	10.5	2:40	9.3	8:31	0.0	8:38	1.4	4:52	8:22	
18	Sun	2:41	10.5	3:26	9.5	9:16	0.0	9:28	1.3	4:52	8:22	
19	Mon	3:31	10.4	4:16	9.7	10:05	0.0	10:23	1.2	4:53	8:23	
20	Tue	4:26	10.3	5:11	10.0	10:57	0.0	11:23	0.9	4:53	8:23	
21	Wed	5:26	10.2	6:10	10.4	11:52	0.0			4:53	8:23	
22	Thu	6:31	10.2	7:09	10.8	12:26	0.5	12:50	0.0	4:53	8:23	
23	Fri	7:38	10.3	8:08	11.3	1:29	0.1	1:48	-0.1	4:54	8:23	
24	Sat	8:43	10.4	9:06	11.8	2:31	-0.5	2:46	-0.2	4:54	8:23	
25	Sun	9:46	10.6	10:02	12.2	3:30	-1.0	3:43	-0.3	4:54	8:23	
26	Mon	10:44	10.7	10:57	12.4	4:27	-1.4	4:38	-0.3	4:55	8:23	
27	Tue	11:40	10.8	11:50	12.4	5:22	-1.7	5:32	-0.3	4:55	8:23	
28	Wed			12:34	10.8	6:16	-1.7	6:25	-0.2	4:56	8:23	
29	Thu	12:43	12.3	1:26	10.7	7:07	-1.6	7:17	0.1	4:56	8:23	
30	Fri	1:34	11.9	2:18	10.5	7:58	-1.3	8:10	0.3	4:57	8:23	