

































Rockland, ME - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:26	11.5	3:10	10.2	8:49	-0.8	9:02	0.7	4:57	8:23	
2	Sun	3:18	10.9	4:02	10.0	9:38	-0.4	9:56	1.0	4:58	8:23	
3	Mon	4:11	10.3	4:53	9.8	10:28	0.1	10:51	1.3	4:58	8:22	
4	Tue	5:06	9.8	5:45	9.6	11:19	0.6	11:47	1.4	4:59	8:22	
5	Wed	6:02	9.4	6:37	9.6			12:09	1.0	5:00	8:22	
6	Thu	6:58	9.1	7:27	9.6	12:43	1.4	1:00	1.3	5:00	8:21	
7	Fri	7:53	8.9	8:16	9.7	1:37	1.4	1:49	1.4	5:01	8:21	
8	Sat	8:46	8.9	9:02	9.9	2:29	1.2	2:37	1.5	5:02	8:21	
9	Sun	9:35	8.9	9:45	10.0	3:18	0.9	3:23	1.5	5:03	8:20	
10	Mon	10:21	9.0	10:25	10.2	4:04	0.7	4:07	1.5	5:03	8:20	
11	Tue	11:03	9.1	11:03	10.4	4:47	0.4	4:48	1.4	5:04	8:19	
12	Wed	11:43	9.2	11:39	10.6	5:27	0.2	5:28	1.3	5:05	8:18	
13	Thu			12:20	9.4	6:07	0.0	6:08	1.2	5:06	8:18	
14	Fri	12:16	10.8	12:57	9.5	6:46	-0.2	6:49	1.0	5:07	8:17	
15	Sat	12:55	10.9	1:35	9.7	7:26	-0.3	7:32	0.9	5:08	8:16	
16	Sun	1:37	10.9	2:17	9.9	8:08	-0.4	8:19	0.7	5:09	8:16	
17	Mon	2:23	10.9	3:03	10.1	8:53	-0.4	9:09	0.6	5:10	8:15	
18	Tue	3:13	10.8	3:53	10.4	9:41	-0.3	10:04	0.5	5:11	8:14	
19	Wed	4:09	10.6	4:47	10.6	10:32	-0.2	11:04	0.3	5:11	8:13	
20	Thu	5:09	10.3	5:46	10.8	11:28	0.0			5:12	8:12	
21	Fri	6:16	10.1	6:48	11.1	12:07	0.1	12:27	0.1	5:13	8:12	
22	Sat	7:25	10.0	7:51	11.3	1:12	-0.2	1:28	0.2	5:14	8:11	
23	Sun	8:33	10.1	8:53	11.6	2:16	-0.5	2:29	0.2	5:15	8:10	
24	Mon	9:36	10.2	9:51	11.9	3:18	-0.8	3:29	0.1	5:16	8:09	
25	Tue	10:34	10.4	10:46	12.0	4:16	-1.1	4:26	0.0	5:18	8:08	
26	Wed	11:28	10.5	11:39	12.0	5:10	-1.3	5:19	0.0	5:19	8:06	
27	Thu			12:19	10.6	6:01	-1.3	6:11	0.0	5:20	8:05	
28	Fri	12:29	11.9	1:08	10.5	6:50	-1.1	7:00	0.2	5:21	8:04	
29	Sat	1:17	11.6	1:54	10.3	7:36	-0.8	7:47	0.4	5:22	8:03	
30	Sun	2:03	11.1	2:40	10.1	8:21	-0.4	8:34	0.7	5:23	8:02	
31	Mon	2:49	10.6	3:25	9.9	9:04	0.0	9:22	0.9	5:24	8:01	