

































Rockland, ME - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:35	10.0	4:09	9.7	9:48	0.5	10:11	1.2	5:25	8:00	
2	Wed	4:24	9.5	4:56	9.5	10:33	1.0	11:02	1.4	5:26	7:58	
3	Thu	5:15	9.1	5:44	9.4	11:20	1.4	11:55	1.5	5:27	7:57	
4	Fri	6:11	8.8	6:35	9.4			12:10	1.7	5:28	7:56	
5	Sat	7:09	8.6	7:27	9.4	12:51	1.5	1:02	1.8	5:29	7:54	
6	Sun	8:05	8.6	8:18	9.6	1:46	1.3	1:54	1.9	5:31	7:53	
7	Mon	8:58	8.7	9:06	9.9	2:39	1.1	2:45	1.8	5:32	7:52	
8	Tue	9:46	8.9	9:51	10.2	3:28	0.8	3:32	1.6	5:33	7:50	
9	Wed	10:30	9.1	10:32	10.5	4:14	0.5	4:17	1.3	5:34	7:49	
10	Thu	11:11	9.4	11:13	10.8	4:56	0.1	5:00	1.0	5:35	7:47	
11	Fri	11:50	9.8	11:53	11.1	5:38	-0.2	5:43	0.6	5:36	7:46	
12	Sat			12:28	10.1	6:18	-0.5	6:26	0.3	5:37	7:44	
13	Sun	12:35	11.3	1:08	10.4	7:00	-0.7	7:12	0.1	5:39	7:43	
14	Mon	1:19	11.4	1:52	10.7	7:43	-0.8	8:00	-0.1	5:40	7:41	
15	Tue	2:07	11.3	2:38	10.9	8:28	-0.7	8:51	-0.2	5:41	7:40	
16	Wed	2:58	11.0	3:29	11.0	9:17	-0.5	9:47	-0.2	5:42	7:38	
17	Thu	3:54	10.7	4:24	11.1	10:10	-0.2	10:47	-0.2	5:43	7:37	
18	Fri	4:57	10.3	5:26	11.1	11:08	0.1	11:52	-0.2	5:44	7:35	
19	Sat	6:07	10.0	6:32	11.1			12:10	0.4	5:45	7:33	
20	Sun	7:18	9.9	7:39	11.2	12:58	-0.3	1:15	0.5	5:47	7:32	
21	Mon	8:25	9.9	8:43	11.3	2:05	-0.4	2:19	0.5	5:48	7:30	
22	Tue	9:26	10.1	9:42	11.5	3:07	-0.6	3:20	0.4	5:49	7:28	
23	Wed	10:22	10.3	10:36	11.6	4:04	-0.8	4:16	0.2	5:50	7:27	
24	Thu	11:13	10.4	11:26	11.6	4:56	-0.9	5:08	0.1	5:51	7:25	
25	Fri			12:00	10.5	5:44	-0.8	5:56	0.1	5:52	7:23	
26	Sat	12:13	11.4	12:44	10.4	6:28	-0.6	6:41	0.2	5:53	7:22	
27	Sun	12:57	11.1	1:26	10.3	7:10	-0.3	7:23	0.4	5:55	7:20	
28	Mon	1:39	10.7	2:05	10.1	7:49	0.0	8:05	0.6	5:56	7:18	
29	Tue	2:19	10.2	2:42	9.9	8:27	0.5	8:46	0.8	5:57	7:16	
30	Wed	2:59	9.7	3:19	9.7	9:06	0.9	9:30	1.1	5:58	7:15	
31	Thu	3:40	9.3	3:59	9.4	9:47	1.3	10:17	1.3	5:59	7:13	