US HARBORS www.USHarbors.com

Rockland, ME - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:34	8.5	4:41	9.2	10:37	2.2	11:19	1.4	6:35	6:16	
2	Mon	5:31	8.4	5:38	9.2	11:32	2.3			6:36	6:14	
3	Tue	6:33	8.5	6:39	9.3	12:16	1.3	12:31	2.2	6:37	6:12	
4	Wed	7:33	8.7	7:40	9.7	1:14	1.1	1:29	1.9	6:38	6:10	
5	Thu	8:27	9.2	8:36	10.1	2:09	0.7	2:24	1.3	6:40	6:09	
6	Fri	9:15	9.8	9:28	10.6	2:59	0.3	3:16	0.7	6:41	6:07	
7	Sat	10:00	10.4	10:17	11.1	3:47	-0.2	4:06	0.0	6:42	6:05	
8	Sun	10:44	11.1	11:05	11.5	4:33	-0.6	4:54	-0.7	6:43	6:03	
9	Mon	11:29	11.7	11:54	11.7	5:18	-0.9	5:43	-1.2	6:44	6:01	
10	Tue			12:14	12.1	6:04	-1.1	6:33	-1.6	6:46	6:00	
11	Wed	12:44	11.7	1:02	12.3	6:52	-1.0	7:24	-1.7	6:47	5:58	
12	Thu	1:36	11.5	1:52	12.2	7:42	-0.8	8:18	-1.6	6:48	5:56	
13	Fri	2:32	11.1	2:47	12.0	8:35	-0.4	9:15	-1.3	6:49	5:55	
14	Sat	3:32	10.7	3:47	11.6	9:32	0.1	10:16	-0.9	6:51	5:53	
15	Sun	4:38	10.2	4:53	11.2	10:35	0.5	11:21	-0.6	6:52	5:51	
16	Mon	5:47	10.0	6:04	10.8	11:42	0.8			6:53	5:49	
17	Tue	6:54	9.9	7:12	10.7	12:28	-0.3	12:51	0.9	6:54	5:48	
18	Wed	7:55	10.0	8:14	10.6	1:33	-0.2	1:56	0.8	6:56	5:46	
19	Thu	8:52	10.2	9:11	10.6	2:32	-0.1	2:55	0.6	6:57	5:45	
20	Fri	9:43	10.4	10:02	10.6	3:25	-0.1	3:48	0.4	6:58	5:43	
21	Sat	10:29	10.5	10:49	10.5	4:12	0.0	4:35	0.3	6:59	5:41	
22	Sun	11:11	10.6	11:32	10.3	4:55	0.2	5:17	0.2	7:01	5:40	
23	Mon	11:49	10.5			5:33	0.4	5:56	0.2	7:02	5:38	
24	Tue	12:12	10.1	12:23	10.4	6:08	0.7	6:33	0.2	7:03	5:37	
25	Wed	12:49	9.8	12:53	10.2	6:42	1.0	7:08	0.3	7:05	5:35	
26	Thu	1:23	9.5	1:22	10.0	7:16	1.3	7:44	0.5	7:06	5:34	
27	Fri	1:56	9.2	1:53	9.9	7:51	1.6	8:22	0.7	7:07	5:32	
28	Sat	2:31	9.0	2:30	9.7	8:29	1.8	9:04	0.8	7:09	5:31	
29	Sun	3:11	8.8	3:13	9.5	9:11	2.0	9:50	1.0	7:10	5:29	
30	Mon	3:58	8.6	4:01	9.4	10:00	2.2	10:40	1.1	7:11	5:28	
31	Tue	4:51	8.6	4:56	9.4	10:54	2.2	11:35	1.1	7:12	5:26	