






























Rockland, ME - Feb 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	11.7	9:05	10.2	1:57	0.4	2:46	-0.9	6:52	4:47	
2	Fri	9:18	12.0	10:01	10.5	2:57	0.2	3:43	-1.3	6:51	4:48	
3	Sat	10:13	12.2	10:54	10.7	3:53	0.0	4:36	-1.4	6:50	4:49	
4	Sun	11:05	12.2	11:44	10.8	4:47	-0.2	5:26	-1.4	6:49	4:51	
5	Mon	11:55	12.0			5:38	-0.2	6:14	-1.2	6:48	4:52	
6	Tue	12:31	10.8	12:43	11.6	6:27	-0.1	7:00	-0.9	6:46	4:53	
7	Wed	1:18	10.6	1:30	11.1	7:15	0.1	7:44	-0.4	6:45	4:55	
8	Thu	2:03	10.4	2:18	10.5	8:03	0.4	8:29	0.2	6:44	4:56	
9	Fri	2:49	10.1	3:06	9.8	8:52	0.8	9:14	0.7	6:42	4:58	
10	Sat	3:35	9.8	3:58	9.3	9:43	1.1	10:01	1.3	6:41	4:59	
11	Sun	4:24	9.6	4:54	8.8	10:37	1.3	10:52	1.7	6:40	5:00	
12	Mon	5:17	9.4	5:53	8.5	11:34	1.4	11:45	1.9	6:38	5:02	
13	Tue	6:11	9.4	6:52	8.4			12:32	1.4	6:37	5:03	
14	Wed	7:06	9.5	7:47	8.5	12:40	2.0	1:27	1.3	6:35	5:05	
15	Thu	7:57	9.7	8:37	8.7	1:33	2.0	2:18	1.0	6:34	5:06	
16	Fri	8:44	10.0	9:23	9.0	2:23	1.8	3:05	0.7	6:32	5:07	
17	Sat	9:26	10.3	10:03	9.2	3:08	1.5	3:47	0.4	6:31	5:09	
18	Sun	10:05	10.6	10:41	9.6	3:51	1.2	4:27	0.1	6:29	5:10	
19	Mon	10:43	10.8	11:16	9.9	4:31	0.9	5:05	-0.2	6:28	5:11	
20	Tue	11:20	11.0	11:51	10.2	5:11	0.6	5:43	-0.4	6:26	5:13	
21	Wed			12:00	11.1	5:52	0.3	6:21	-0.5	6:25	5:14	
22	Thu	12:28	10.5	12:42	11.1	6:36	0.0	7:02	-0.4	6:23	5:15	
23	Fri	1:10	10.7	1:29	10.9	7:23	-0.1	7:47	-0.3	6:21	5:17	
24	Sat	1:55	10.9	2:20	10.6	8:14	-0.2	8:35	0.0	6:20	5:18	
25	Sun	2:45	10.9	3:17	10.2	9:10	-0.1	9:29	0.3	6:18	5:19	
26	Mon	3:42	10.9	4:22	9.8	10:11	-0.1	10:29	0.6	6:16	5:21	
27	Tue	4:46	10.9	5:34	9.6	11:18	-0.1	11:34	0.8	6:15	5:22	
28	Wed	5:55	10.9	6:48	9.6			12:27	-0.2	6:13	5:23	