US HARBORS www.USHarbors.com

Rockland, ME - Apr 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:56	11.1	10:30	10.6	3:38	0.4	4:12	-0.5	6:16	7:03	
2	Mon	10:48	11.1	11:16	10.8	4:32	0.1	5:00	-0.5	6:14	7:05	
3	Tue	11:35	11.0	11:59	10.8	5:20	-0.1	5:44	-0.3	6:12	7:06	
4	Wed			12:20	10.8	6:04	-0.1	6:24	0.0	6:10	7:07	
5	Thu	12:39	10.7	1:01	10.4	6:45	-0.1	7:01	0.3	6:08	7:08	
6	Fri	1:16	10.5	1:40	10.0	7:24	0.1	7:38	0.7	6:07	7:10	
7	Sat	1:49	10.3	2:18	9.6	8:03	0.3	8:14	1.2	6:05	7:11	
8	Sun	2:22	10.0	2:56	9.2	8:43	0.6	8:52	1.6	6:03	7:12	
9	Mon	2:58	9.8	3:37	8.9	9:25	0.8	9:34	1.9	6:01	7:13	
10	Tue	3:38	9.5	4:24	8.6	10:11	1.1	10:21	2.2	6:00	7:14	
11	Wed	4:26	9.3	5:18	8.4	11:03	1.3	11:14	2.4	5:58	7:16	
12	Thu	5:20	9.1	6:18	8.3	11:58	1.4			5:56	7:17	
13	Fri	6:20	9.2	7:18	8.5	12:12	2.3	12:55	1.3	5:54	7:18	
14	Sat	7:21	9.4	8:11	8.9	1:10	2.1	1:50	1.1	5:53	7:19	
15	Sun	8:18	9.7	8:59	9.4	2:06	1.7	2:41	0.7	5:51	7:21	
16	Mon	9:10	10.1	9:43	10.0	2:58	1.2	3:28	0.3	5:49	7:22	
17	Tue	9:58	10.5	10:25	10.6	3:47	0.5	4:13	-0.1	5:48	7:23	
18	Wed	10:45	10.9	11:07	11.2	4:34	-0.1	4:56	-0.4	5:46	7:24	
19	Thu	11:32	11.2	11:50	11.7	5:21	-0.8	5:41	-0.6	5:44	7:25	
20	Fri			12:20	11.3	6:09	-1.2	6:26	-0.6	5:43	7:27	
21	Sat	12:35	12.0	1:10	11.2	6:58	-1.5	7:14	-0.5	5:41	7:28	
22	Sun	1:23	12.1	2:02	11.0	7:50	-1.6	8:04	-0.2	5:40	7:29	
23	Mon	2:14	12.0	2:59	10.6	8:44	-1.4	8:59	0.1	5:38	7:30	
24	Tue	3:11	11.7	4:02	10.3	9:43	-1.1	9:59	0.5	5:36	7:31	
25	Wed	4:14	11.3	5:09	10.0	10:46	-0.8	11:04	0.8	5:35	7:33	
26	Thu	5:23	11.0	6:18	9.9	11:51	-0.5			5:33	7:34	
27	Fri	6:34	10.7	7:23	10.0	12:13	0.9	12:57	-0.3	5:32	7:35	
28	Sat	7:41	10.6	8:22	10.2	1:22	0.9	2:00	-0.2	5:30	7:36	
29	Sun	8:42	10.6	9:17	10.5	2:26	0.6	2:57	-0.1	5:29	7:37	
30	Mon	9:38	10.6	10:06	10.7	3:23	0.4	3:48	0.0	5:27	7:39	