

































## Rockland, ME - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:28	10.5	10:51	10.8	4:14	0.1	4:34	0.1	5:26	7:40	
2	Wed	11:15	10.3	11:32	10.7	5:01	0.0	5:16	0.3	5:25	7:41	
3	Thu	11:58	10.1			5:43	0.0	5:54	0.6	5:23	7:42	
4	Fri	12:10	10.6	12:38	9.8	6:22	0.0	6:30	0.9	5:22	7:43	
5	Sat	12:44	10.4	1:16	9.5	6:59	0.1	7:06	1.3	5:21	7:45	
6	Sun	1:15	10.2	1:52	9.3	7:36	0.3	7:41	1.5	5:19	7:46	
7	Mon	1:47	10.0	2:28	9.0	8:14	0.5	8:19	1.8	5:18	7:47	
8	Tue	2:21	9.8	3:06	8.8	8:54	0.7	9:00	2.0	5:17	7:48	
9	Wed	3:01	9.6	3:50	8.6	9:38	0.9	9:45	2.2	5:15	7:49	
10	Thu	3:47	9.5	4:38	8.5	10:26	1.0	10:36	2.3	5:14	7:50	
11	Fri	4:38	9.3	5:32	8.6	11:17	1.1	11:32	2.2	5:13	7:52	
12	Sat	5:34	9.3	6:27	8.8			12:10	1.0	5:12	7:53	
13	Sun	6:33	9.4	7:21	9.3	12:30	1.9	1:04	0.8	5:11	7:54	
14	Mon	7:32	9.7	8:12	9.8	1:27	1.5	1:56	0.6	5:10	7:55	
15	Tue	8:30	10.0	9:01	10.5	2:22	0.9	2:46	0.3	5:09	7:56	
16	Wed	9:24	10.4	9:48	11.1	3:16	0.1	3:35	-0.1	5:08	7:57	
17	Thu	10:17	10.7	10:35	11.8	4:07	-0.6	4:23	-0.3	5:07	7:58	
18	Fri	11:10	11.0	11:23	12.2	4:58	-1.2	5:12	-0.5	5:06	7:59	
19	Sat			12:02	11.1	5:50	-1.7	6:02	-0.5	5:05	8:00	
20	Sun	12:13	12.5	12:56	11.1	6:42	-1.9	6:54	-0.4	5:04	8:01	
21	Mon	1:05	12.5	1:52	10.9	7:35	-1.9	7:48	-0.2	5:03	8:02	
22	Tue	2:00	12.3	2:50	10.7	8:31	-1.7	8:45	0.1	5:02	8:03	
23	Wed	2:59	11.9	3:52	10.4	9:30	-1.4	9:46	0.4	5:01	8:04	
24	Thu	4:02	11.5	4:55	10.3	10:30	-0.9	10:51	0.7	5:00	8:05	
25	Fri	5:08	11.0	5:59	10.2	11:32	-0.5	11:57	0.8	5:00	8:06	
26	Sat	6:15	10.6	6:59	10.3			12:34	-0.2	4:59	8:07	
27	Sun	7:19	10.3	7:56	10.4	1:03	0.8	1:33	0.0	4:58	8:08	
28	Mon	8:18	10.1	8:49	10.5	2:04	0.7	2:27	0.3	4:58	8:09	
29	Tue	9:13	10.0	9:38	10.6	3:01	0.5	3:18	0.5	4:57	8:10	
30	Wed	10:04	9.8	10:22	10.6	3:51	0.3	4:03	0.7	4:56	8:11	
31	Thu	10:51	9.7	11:03	10.6	4:37	0.2	4:45	0.9	4:56	8:12	