
































## Rockland, ME - Sep 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:42	10.7	1:08	10.3	7:02	-0.1	7:16	0.3	6:00	7:12	
2	Sun	1:21	10.7	1:46	10.5	7:40	-0.1	7:59	0.1	6:01	7:10	
3	Mon	2:05	10.6	2:28	10.7	8:21	0.0	8:47	0.0	6:02	7:08	
4	Tue	2:52	10.4	3:15	10.8	9:07	0.2	9:39	0.0	6:03	7:06	
5	Wed	3:45	10.1	4:08	10.8	9:57	0.5	10:37	0.0	6:05	7:04	
6	Thu	4:46	9.8	5:07	10.8	10:54	0.8	11:41	0.0	6:06	7:02	
7	Fri	5:54	9.6	6:14	10.8	11:58	0.9			6:07	7:01	
8	Sat	7:08	9.6	7:25	11.0	12:49	-0.1	1:05	0.9	6:08	6:59	
9	Sun	8:17	9.8	8:33	11.3	1:56	-0.3	2:11	0.7	6:09	6:57	
10	Mon	9:19	10.2	9:35	11.6	2:59	-0.6	3:14	0.3	6:10	6:55	
11	Tue	10:15	10.6	10:32	11.8	3:57	-0.9	4:12	-0.1	6:11	6:53	
12	Wed	11:07	10.9	11:24	11.8	4:50	-1.1	5:06	-0.4	6:12	6:51	
13	Thu	11:55	11.1			5:39	-1.1	5:56	-0.5	6:14	6:50	
14	Fri	12:13	11.7	12:41	11.1	6:25	-0.9	6:44	-0.5	6:15	6:48	
15	Sat	1:00	11.4	1:25	11.0	7:09	-0.6	7:30	-0.3	6:16	6:46	
16	Sun	1:46	10.9	2:07	10.7	7:51	-0.1	8:15	0.0	6:17	6:44	
17	Mon	2:31	10.3	2:48	10.4	8:33	0.5	9:01	0.3	6:18	6:42	
18	Tue	3:17	9.7	3:31	10.0	9:16	1.0	9:48	0.7	6:19	6:40	
19	Wed	4:06	9.2	4:17	9.6	10:02	1.6	10:39	1.1	6:21	6:38	
20	Thu	5:00	8.7	5:09	9.3	10:52	2.0	11:34	1.3	6:22	6:37	
21	Fri	5:58	8.5	6:07	9.2	11:48	2.2			6:23	6:35	
22	Sat	6:58	8.4	7:07	9.2	12:32	1.4	12:46	2.3	6:24	6:33	
23	Sun	7:55	8.5	8:03	9.4	1:30	1.3	1:43	2.2	6:25	6:31	
24	Mon	8:46	8.8	8:54	9.7	2:23	1.1	2:35	1.9	6:26	6:29	
25	Tue	9:32	9.1	9:40	10.0	3:12	0.9	3:23	1.5	6:27	6:27	
26	Wed	10:13	9.5	10:21	10.3	3:55	0.5	4:07	1.0	6:29	6:25	
27	Thu	10:49	9.9	11:00	10.6	4:35	0.3	4:48	0.6	6:30	6:24	
28	Fri	11:24	10.3	11:38	10.8	5:13	0.0	5:29	0.1	6:31	6:22	
29	Sat	11:59	10.7			5:51	-0.2	6:10	-0.3	6:32	6:20	
30	Sun	12:18	10.9	12:36	11.0	6:30	-0.2	6:53	-0.6	6:33	6:18	