US HARBORS www.USHarbors.com

Rockland, ME - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:01	10.9	1:17	11.3	7:11	-0.2	7:39	-0.7	6:34	6:16	
2	Tue	1:47	10.7	2:02	11.4	7:55	0.0	8:29	-0.7	6:36	6:14	
3	Wed	2:37	10.5	2:52	11.3	8:44	0.2	9:23	-0.6	6:37	6:13	
4	Thu	3:34	10.1	3:49	11.1	9:38	0.6	10:23	-0.4	6:38	6:11	
5	Fri	4:38	9.8	4:53	10.9	10:39	0.9	11:29	-0.3	6:39	6:09	
6	Sat	5:49	9.6	6:05	10.8	11:47	1.0			6:40	6:07	
7	Sun	7:02	9.7	7:18	10.8	12:37	-0.2	12:57	0.9	6:42	6:05	
8	Mon	8:07	10.0	8:25	11.0	1:43	-0.3	2:04	0.6	6:43	6:04	
9	Tue	9:06	10.4	9:25	11.2	2:45	-0.5	3:06	0.3	6:44	6:02	
10	Wed	9:59	10.8	10:19	11.3	3:40	-0.6	4:02	-0.1	6:45	6:00	
11	Thu	10:48	11.1	11:09	11.2	4:31	-0.7	4:53	-0.4	6:47	5:58	
12	Fri	11:34	11.2	11:56	11.0	5:17	-0.5	5:40	-0.5	6:48	5:57	
13	Sat			12:16	11.1	6:00	-0.3	6:24	-0.5	6:49	5:55	
14	Sun	12:41	10.7	12:55	10.9	6:40	0.1	7:07	-0.3	6:50	5:53	
15	Mon	1:23	10.3	1:33	10.6	7:20	0.6	7:48	0.0	6:52	5:52	
16	Tue	2:05	9.8	2:09	10.3	7:58	1.1	8:29	0.3	6:53	5:50	
17	Wed	2:46	9.3	2:46	9.9	8:38	1.5	9:12	0.7	6:54	5:48	
18	Thu	3:30	8.9	3:28	9.5	9:21	1.9	9:59	1.0	6:55	5:47	
19	Fri	4:19	8.6	4:16	9.3	10:10	2.2	10:51	1.3	6:57	5:45	
20	Sat	5:14	8.4	5:11	9.1	11:03	2.4	11:47	1.4	6:58	5:43	
21	Sun	6:13	8.4	6:13	9.0			12:02	2.4	6:59	5:42	
22	Mon	7:10	8.5	7:13	9.2	12:43	1.3	1:00	2.2	7:00	5:40	
23	Tue	8:02	8.9	8:08	9.5	1:37	1.2	1:55	1.9	7:02	5:39	
24	Wed	8:48	9.3	8:58	9.8	2:26	0.9	2:45	1.4	7:03	5:37	
25	Thu	9:29	9.8	9:43	10.2	3:12	0.6	3:32	0.8	7:04	5:36	
26	Fri	10:08	10.4	10:27	10.5	3:54	0.3	4:17	0.1	7:06	5:34	
27	Sat	10:46	10.9	11:11	10.7	4:36	0.0	5:01	-0.4	7:07	5:33	
28	Sun	11:26	11.4	11:55	10.9	5:17	-0.2	5:46	-0.9	7:08	5:31	
29	Mon			12:08	11.8	6:00	-0.3	6:32	-1.3	7:09	5:30	
30	Tue	12:42	10.9	12:53	12.0	6:45	-0.2	7:21	-1.4	7:11	5:28	
31	Wed	1:32	10.8	1:42	12.0	7:34	-0.1	8:14	-1.4	7:12	5:27	